# CONNECTICUT STATEWIDE TRANSITION PLAN FOR ALIGNMENT WITH THE HOME AND COMMUNITY BASED SERVICES (HCBS) FINAL REGULATION’S SETTING REQUIREMENTS

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I. INTRODUCTION

In January 2014, the Centers for Medicare & Medicaid Services (CMS) issued a final rule for home and community based services (HCBS) that requires states to review and evaluate home and community based (HCB) settings, including residential and non-residential settings. Connecticut has developed this Statewide Transition Plan (STP) to determine compliance with the HCB settings rule and describe how the State will comply with the new requirements. The federal regulation for the final rule can be found on the CMS website at:

http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html

Connecticut’s HCBS programs are administered by the Department of Social Services (DSS) or the Department of Developmental Service (DDS).

The HCBS programs administered and operated by DSS are:

- HCBS Waiver for Elders
- 1915(i) State Plan HCBS Option
- Acquired Brain Injury Waiver
- Mental Health Waiver (operated by the Department of Mental Health and Addiction Services)
- Personal Care Assistance Waiver
- Katie Beckett Waiver

The HCBS programs administered by DSS but operated by DDS are:

- Comprehensive Waiver
- Individual and Family Support Waiver
- Employment and Day Supports Waiver
- Home and Community Supports Waiver for Persons with Autism
- Early Childhood Autism Waiver

Section II (Assessment of Compliance) describes Connecticut’s assessment of compliance of its HCB settings with the HCB settings requirements. Section II.A addresses HCBS programs administered by DSS, and Section II.B provides information on HCBS programs administered by DDS. At the end of Section II.A and Section II.B is a chart of assessment milestones and timeframes. Section III (Remediation and Monitoring Activities) describes the State’s actions to remedy any non-compliance and to ensure ongoing compliance. Similar to the structure of Section II, Section III.A addresses HCBS programs administered by DSS, and Section III.B provides information on HCBS programs administered by DDS. At the end of Section III.A and Section III.B is a chart of remediation and monitoring milestones and timeframes. Section IV (Public Input Process) describes the public input process, including a summary of public comments and the State’s response to comments. Section IV.A provides information on the HCBS programs administered by DSS, and Section IV.B provides information on those administered by DDS.
Reader’s Note: Revisions and updates to the draft STP posted in November of 2014 are in italics and in most cases preceded by “Updated Language.”

II. ASSESSMENT OF COMPLIANCE

A. DSS Waivers

DSS reviewed the program regulations and service definitions for each of its HCBS programs to determine whether each service/setting complies with the HCB settings requirements. DSS concluded that services provided in an individual’s home (residence owned or leased by the participant/participant’s family for personal use other than a home owned or leased by a HCBS provider), services provided in a practitioner’s office (e.g., Mental Health Counseling), and transportation all comply with the HCB settings requirements. DSS conducted a further assessment of services/settings that do not meet the above criteria to determine whether the service/setting complies with the new HCB settings requirements. A discussion of DSS’ further assessment is described below. Updated Language: See Section II.A.6 for additional information on DSS’ systemic assessment.

1. HCBS Waiver for Elders and 1915(i) State Plan HCBS Option

Updated Language: DSS reviewed the waiver services and residential settings covered by the Elders waiver and the 1915(i) State Plan HCBS Option, including the recent renewal, which are as follows:

- Care Management
- Homemaker
- Independent Support Broker
- Bill Payer
- Care Transitions
- Chronic Disease Self-Management Program
- Recovery Assistant
- Personal Care Assistant
- Companion
- Home Delivered Meals
- Respite
- Environmental Accessibility Adaptations
- Assistive Technology
- Personal Emergency Response System (PERS)
- Mental Health Counseling
- Transportation
- Assisted Living
- Adult Family Living
- Adult Day Health

Based on a review of these services and settings DSS determined that three services and one residential setting in the Elders waiver and the 1915(i) State Plan HCBS Option required further review to assure compliance with the new HCB settings requirements. The three services are
Assisted Living, Adult Family Living, and Adult Day Health. The residential setting requiring review is Residential Care Homes (RCH). **Updated Language:** The majority of other waiver services (including those added as a result of the renewal) are provided in the participant’s home (Care Management, Personal Care Assistant, Companion, Home Delivered Meals, In-home Respite, Environmental Accessibility Adaptations, Assistive Technology, and PERS, Independent Support Broker, Bill Payer, Care Transitions, Chronic Disease Self-Management Program, Recovery Assistant), provided in the individual’s home, provider’s office or other non-congregate community setting (Mental Health Counseling), or Transportation. **The final service, facility-based respite, is excluded from review since this service is provided in institutional settings.**

a. **Assisted Living**

Based on several assessment activities, DSS has concluded that Assisted Living providers are in compliance with the new HCB settings requirements. DSS reviewed the Department of Public Health (DPH) regulation for Assisted Living Services and determined that the HCB settings requirements are specified in the DPH regulations, so DSS determined that the regulations comply with the new HCB settings requirements, and no changes need to be made to the regulations. This also indicates that the providers are aware of and in compliance with the HCB settings requirements. The regulations for assisted living are very clear that persons reside in individual units, with cooking facilities, and have the protection of a lease agreement. In addition to reviewing the regulations, DSS met with representatives of the Connecticut Assisted Living Association and confirmed that all communities are required to have leases with their tenants.

As part of DSS’ ongoing quality assurance efforts, DSS staff complete audits of assisted living providers. Each year, DSS audits two to three different communities. The audit process includes interviews with HCBS participants. DSS staff have directly observed that settings are compliant with HCB setting requirements. Participants have privacy in their units, have access to food at any time, and can have visitors at any time, and the setting is physically accessible.

Although DSS has concluded that Assisted Living is fully compliant with the HCB settings requirements, DSS will implement remediation and monitoring activities to ensure ongoing compliance. See Section III.A.1.a below.

b. **Adult Family Living**

Upon further review of the program regulations and service definition, DSS determined that Adult Family Living complies with the HCB settings requirements. Adult Family Living is provided in the home of the participant or of the caregiver. This service comports with CMS requirements as:

- It is selected by the participant as part of the person centered planning process from a range of available services and qualified providers.
- The participant understands that selecting this service setting also means he/she is selecting this service provider for services included in the bundled rate.
- Additional home and community based services are selected by the participant from a range of qualified service providers to address additional needs identified in the person centered planning process.
• This setting is for a maximum of three people.

The rate for the service is a bundled rate, but the participant has free choice of qualified providers for any other HCBS provided in addition to Adult Family Living.

See Section III.A.1.b below for additional information on remediation and monitoring strategies.

c. Adult Day Health

Adult Day Health is a service that is provided in a group setting outside of the participant’s home. By definition, the service is to reduce isolation and facilitate integration, socialization and access to activities. Additionally, the service:

• Is chosen by the participant as part of the person centered planning process from a range of available services and qualified providers;
• Facilitates integration to community activities and employment; and
• Facilitates interaction with non-Medicaid individuals.

In addition to reviewing the service definition, DSS conducted the following activities to assess the compliance of Adult Day Health with the new HCB settings requirements. First, DSS reviewed the certification standards for Adult Day Health providers established by the adult day care (ADC) association. The standards indicate that the services provided by Adult Day Health providers are person-centered, support integration in the community, and offer a wide range of activities for participants to choose from. While the DSS standards appear to comply with the HCB settings requirements, when DSS met with the board of directors of the ADC association, they agreed to amend the certification standards to add language to more clearly reflect the HCB settings requirements (see Section III.A.1.c below).

DSS reviewed weekly and monthly calendars and schedules of activities for providers located adjacent to or on the grounds of a private nursing facility (no Adult Day Health providers are located on the grounds of or adjacent to a public facility). There are several programs located adjacent to a private facility and others that are on the grounds of communities that have a range of levels of care ranging from complete independent living to nursing facility. In all cases, the activities calendars indicated that the program serves to facilitate integration into the community and interaction with non-HCBS individuals. For example, one Adult Day Health provider had activities such as a trip to the Hartford Symphony, games, outdoor gardening, movies, religious services, bocce, an outing to a restaurant for lunch, shopping, reiki, manicures, a picnic at a local park as well as other club type activities. DSS staff have also visited a number of Adult Day Health providers and overall were quite impressed by the quality and range of programming and services offered.

To further review compliance of Adult Day Health providers located adjacent to or on the grounds of a private nursing facility, DSS developed and distributed a brief survey for care managers to complete to provide their perspective on the compliance of these Adult Day Health providers with the HCB settings requirements. Care managers were asked to assess nine statements that reflected the HCB settings requirements. For example, “Participants socialize with their peer, including non-HCBS participants, and engage in various interactive activities.”
The care managers were given a choice of five response options for each statement: Completely False; Partially False; Neither True nor False; Partially True; and Completely True. Each response option was assigned a score from 1 to 5 as follows: 1-Completely False; 2-Partially False, 3-Neither True nor False, 4-Partially True; and 5-Completely True.

Overall, care managers reported that these Adult Day Health centers comply with the HCB settings requirements reflected in the survey. Responses from all centers averaged an aggregate score of four or higher for each statement in the survey. The lowest aggregate response score was 4.19 for the statement “The center supports participant access to the surrounding community (not on the grounds of the nursing facility), e.g., through walking groups and/or field trips.” One center received an average score of three for that statement, and another center received an average score of two. As described in Section III.A.1.c, below, DSS will follow up with these two centers. No other center received a score below a four on any of the statements.

Based on DSS’ review of the service definition and certification standards, direct observation, review of weekly and monthly schedules of activities, and analysis of survey data supplied by care managers, DSS has concluded that Adult Day Health fully comports with the HCB settings requirements.

See Section III.A.1.c below for monitoring strategies.

d. Residential Care Homes

To begin its assessment of Residential Care Homes (RCHs), DSS identified the number of participants residing in RCHs. Our analysis identified 254 participants residing in RCHs. RCHs vary widely in their appearance, size and home like qualities. DSS recognizes that some RCHs are fully compliant with the HCB settings requirements while others will need to make changes to become compliant. To determine whether RCHs are in compliance with the HCB settings requirements, DSS took a number of steps. First, all care managers were trained on the final rule and were introduced to a survey to be utilized from September 1, 2014 through February 28, 2015 when performing the annual or semi-annual reassessment of participant’s residing in an RCH (assessments take place at the RCH). The survey asks participants questions about the RCH in the following five categories: choice of residence, community access and integration, living space (e.g., physical access, ability to control schedule, privacy, choice regarding meals, etc.), staff interactions and privacy, and services (the participant’s experience with services). Care managers will evaluate if the setting was clearly chosen by the participant as part of the person centered plan. DSS also developed and distributed a survey to all RCHs to do a self-assessment of compliance. This survey includes questions similar to the participant survey in the same five categories. In addition, DSS developed a brief survey for care managers to provide their perspective on RCH’s compliance with the HCB settings rule.

Updated Language:

The following summarizes the administration of, rating methodology for, and findings from the RCH surveys. Although there were three distinct surveys, one for care managers, one for providers, and one for participants, questions were kept generally consistent across surveys to allow for comparison of responses among care managers, providers, and participants. The results of the surveys were linked using a unique, random number for each RCH setting. The
Providers were asked 63 questions and participants were asked up to 88 questions in the five areas referenced above. For questions that ask whether a characteristic of the setting exists (e.g., do you currently have a lease or similar agreement at your residence?), the respondent could choose from three possible response options: Yes; No; and N/A. For questions about characteristics that might vary over time or in particular circumstances (e.g., are visitors restricted to specified visiting hours?), respondents could choose from five possible response options: Never; Sometimes; Usually; Always; and N/A. Care managers were asked 11 questions. Each question required the care manager to choose from five possible response options: Completely False; Partially False; Neither True nor False; Partially True; and Completely True.

For each survey, each response option was assigned a score based on the number of response options, with 3 being the highest possible score. For Yes/No questions, a positive response (that is, one that demonstrates consistency with the HCB settings requirements), was scored as a 3, while a negative response (that is, one that demonstrates inconsistency with the HCB settings requirements) was scored as a 0. Please note that some questions, a “Yes” response is considered positive, while for other questions a “No” response is considered positive. Responses of “N/A” were not scored.

For Always/Usually/Sometimes/Never questions, the most positive response was scored as a 3. The next most positive response was scored as a 2, and so on. The least positive response was scored as a 0. Please note that for some questions, an “Always” response is considered most positive, while for other questions a “Never” response is considered most positive. Responses of “N/A” were not scored. For the care manager survey (Completely False/Partially False/Neither True nor False/Partially True/Completely True questions), the most positive response was scored as a 3. The next most positive response was scored as a 2.25, and so on. The least positive response was scored as a 0. Note that for some questions, a “Completely True” response is considered most positive, while for other questions a “Completely False” response is considered most positive. Responses of “N/A” were not scored.

For each question in a survey, an average score between 0.00 and 3.00 was calculated based on the scoring methodology described above. A score of 3.00 on a question indicates that all providers, all participants, or all care managers (depending on the survey) responding to the question responded with the most positive response. A score of 0.00 on a question indicates that all providers, all participants, or all care managers (depending on the survey) responding to the question responded with the least positive response. If more than one survey was completed for a home, scores for that home were aggregated to establish an average score for each question in the survey.

Overall, providers responding to the survey reported that their homes operate in a manner consistent with the HCB settings requirements measured in this survey, as demonstrated by the overall provider scores ranging from 2.12 to 2.95, with an overall average score of 2.48. In
In general, participants responded less favorably, in comparison to providers, as demonstrated by the overall participant scores ranging from 1.48 to 2.55, with an overall average score of 2.11. In general, care managers responded favorably and were more consistent with providers, as demonstrated by the overall care manager score ranging from 2.18 to 3.00, with an overall average score of 2.70.

There were several topics with large differences between provider and participant responses. For most topics where this occurred, providers responded in a manner that indicated consistency with the HCB settings requirements, and participants responded in a manner that indicated inconsistency with the HCB settings requirements. The topics with the largest discrepancy between provider and participant responses (defined by a difference in overall score of more than 1.00) include:

- Most questions within the Choice of Residence category (provider scores ranged from 1.73 to 3.00, and participant scores ranged from 0.93 to 1.48). Notable discrepancies were found with regards to choice of places to live and requesting new housing.
- The option to have paid work within the Community Access category (average provider score of 2.54, and average participant score of 0.56).
- Participant access to a computer, iPad, or similar device, choice of roommates, information on requesting a roommate change, and participant access to communication capabilities or communication devices (specifically internet/Wi-Fi) in the Living Space category (provider scores ranged from 1.67 to 2.74, and participant scores ranged from 0.45 to 0.96).
- Participants’ understanding of how to file a complaint (average provider score of 3.00, and average participant score of 2.00).

The one exception where there was a large discrepancy between provider and participant responses, where participants indicated consistency with the HCB settings requirements and providers indicated inconsistency with the HCB settings requirements, was for participants’ option to choose providers who provide HCBS and supports; participants responded favorably about having the option to choose who provides HCBS (score of 2.44), whereas providers responded less favorably to participant choice of providers who provide HCBS (score of 1.50).

The topics with consistently less favorable responses from both providers and participants (defined as topics with scores less than 2.00 for both groups) include:

- Choice of Residence category:
  - Whether participants have a current lease or similar agreement.
- Community Access and Integration category:
  - Whether home is located near or adjacent to a nursing home.
  - Regular participation in meaningful non-work activities within the community.
- Living Space category:
  - Whether participants own or have access to a computer, iPad, or similar device.
  - Choice of roommates.
  - Access to kitchens with cooking facilities.
  - Choice of when and where participants want to have a meal.
  - Whether or not participants are assigned seating or tables in a dining area.
• **Staff Interaction and Privacy category:**
  – Surveillance cameras present at the home.

To help prioritize the site-specific assessments, DSS assigned RCHs a weighted aggregate score based on the classification of survey questions into one of three categories: 1) 100% compliance required (questions for which DSS would expect 100% compliance, such as privacy of health records); 2) high priority (questions determined to test significant HCB settings requirements, e.g., restrictions on visitors); and 3) lower priority (questions determined to test important but not as significant HCB settings requirements, e.g., whether participant owns or has access to a computer, iPad or similar device). There were 12 RCHs that had a weighted aggregate participant score below 2.00 and/or an average participant score below 2.00 in one of the three categories (100% compliance required, high priority, and lower priority).

DSS plans to visit every RCH in which a participant resides (currently 45 RCHs). DSS will conduct these assessments using an approach similar to that used for providers of Prevocational Services described in Section II.A.2 below. This includes conducting the assessments by geographic area, having two HCBS staff participate in the onsite, meeting with RCH management and staff for approximately 1.5 hours, using a checklist and standardized questions (with individualized questions and follow up to questions as needed), and speaking with participants if possible. DSS began conducting site visits to RCHs in mid-November of 2015 and intends to complete the visits in the spring of 2016.

See Section III.A.1.d below for remediation and monitoring strategies.

2. **Acquired Brain Injury Waiver**

*Updated Language:* The ABI waiver covers the following services:

- Case Management
- Homemaker
- Personal Care
- Chore
- Companion
- Home Delivered Meals
- Respite
- ABI Recovery Assistant (I and II)
- Environmental Accessibility Adaptation
- PERS
- Specialized Medical Equipment and Supplies
- Vehicle Modifications
- Independent Living Skill Training
- Cognitive Behavioral Programs
- Transportation
- Adult Day Health
- Prevocational Services
- Supported Employment
- ABI Group Day
DSS identified six services in the Acquired Brain Injury (ABI) waiver that are not provided in the participant’s home (which, except for the setting described below, is not provider-owned or leased and is owned or leased by the participant/participant’s family for personal use) and one additional setting this is provider-owned or controlled. Updated Language: The other waiver services are provided in the participant’s home (Case Management, Homemaker, Personal Care, Chore, Companion, Home Delivered Meals, Respite, ABI Recovery Assistant, Environmental Accessibility Adaptations, PERS, Specialized Medical Equipment and Supplies, and Vehicle Modifications), provided in the participant’s home or other non-congregate community setting (Independent Living Skill Training and Cognitive Behavioral Programs), or Transportation.

The six services that DSS identified for further review are:

- **Adult Day Health**
- Prevocational Services;
- Supported Employment;
- ABI Group Day;
- Community Living Support Services; and
- Substance Abuse Programs.

Updated Language: See Section III.A.1.c above for DSS’ assessment of Adult Day Health for the HCBS Waiver for Elders and 1915(i) State Plan HCBS Option (the same providers serve participants in HCPE and the ABI Waiver).

DSS reviewed the operating program regulations and service definitions for Prevocational Services and determined that:

- The service is selected by the participant as part of the person centered planning process from a range of available services and qualified providers.
- The service facilitates access to the community and supports access to employment in competitive integrated settings.
- The certification process for providers of this service emphasizes participants’ rights to privacy, dignity and respect.
- This service is provided either in the participant’s home or in a fully integrated work setting.

Because Prevocational Services are sometimes provided in a congregate setting, DSS decided to survey social workers, who directly observe participants in these settings, to further assess compliance of this service with the new rule. Updated Language: This survey was active November 5, 2014 through January 5, 2015.

Updated Language:

Social workers serving ABI participants receiving Prevocational Services from 13 prevocational settings were asked eight questions using the five possible response options noted below. Each
response option was assigned a score where “Completely True” was scored as a 5.00, “Completely False” was scored a 1.00, and responses that demonstrated partial compliance were scored between 1.00 and 5.00, as follows:

- Completely True (score of 5.00)
- Partially True (score of 4.00)
- Neither True nor False (score of 3.00)
- Partially False (score of 2.00)
- Completely False (score of 1.00)

For each question, an average score between 1.00 and 5.00 was calculated based on the scoring methodology described above. A score of 5.00 on a question indicates that all social workers responding to the question responded “Completely True.” A score of 1.00 on a question indicates that all social workers responding to the question responded “Completely False.” In addition, for each prevocational setting, an average score between 1.00 and 5.00 was calculated based on the scoring methodology described above and the survey responses for that setting. A score of 5.00 for a provider setting indicates that the social worker responded “Completely True” for all questions. A score of 1.00 for a provider setting indicates the social worker responded “Completely False” for all questions.

DSS received a completed survey for each of the 13 prevocational settings. Overall, social workers responding to the survey reported that the prevocational settings operate in a manner consistent with the HCB settings requirements measured in this survey (overall score of 4.21). Social workers responded very positively regarding protection of participants’ privacy rights, physical accessibility of the setting, and treatment of participants’ with dignity and respect resulting in aggregate scores of 4.71, 4.62 and 4.62, respectively. Social workers responded less favorably to questions about whether the prevocational setting also serves individuals without disabilities and whether participants have interaction with the broader community, resulting in aggregate scores of 3.08 and 3.75, respectively. Of the 13 prevocational settings, three had an aggregate score less than 4.00 (Partially True). The remaining 10 settings had an aggregate score between 4.00 and 5.00 (Completely True). Although the aggregate scores were not low, DSS was concerned about the low scores on the questions regarding whether the setting serves individuals without disabilities and interaction with the broader community. DSS was also interested in identifying best practices. As a result DSS decided to conduct a site visit of each prevocational setting, including those that currently do not serve participants.

Between July and October of 2015 HCBS staff visited 23 of 27 (82%) of prevocational settings and assessed compliance with the HCB settings requirements. HCBS plans to complete site specific visits to those providers not reached in 2015. It is anticipated that these remaining providers will be visited and identical surveys conducted no later than the end of March 2016. The visits were conducted without notice to ensure that visits captured the environment of the site as it operates daily thus, providing as true and accurate a “snapshot” of on-going operations as possible. HCBS staff met with management and staff at each site to assess their familiarity with the HCB settings requirements and their application of the requirements and to identify areas for compliance/improvement. The HCBS staff used a checklist and asked standardized questions, with individualized questions and follow-up as needed. Whenever possible, HCBS staff spoke with ABI waiver participants to assess their experience. Each visit
lasted a minimum of 45 minutes with some up to 1.5 hours in length. The same two HCBS staff were assigned to conduct all site visits to ensure continuity and consistency in gathering data, assessing operations, and determining areas of compliance/improvement.

Results of the 23 sites surveyed and compliance with the HCB settings requirements are provided below:

- 4 (17%) providers were found Fully Compliant.
- 19 (83%) were determined Compliant With Modifications.

The provider responses for those determined Compliant with Modifications affirmed that the requirements are understood, structures and procedures are in place to reach compliance, that monitoring/tracking occurs, and there is on-going effort to fully comply. Provider statements supported improvements wherever possible to increase participant’s integration into the community and reduce isolation.

See Section III.A.2 below for remediation and monitoring strategies.

Based on review of the operating program regulations and service definitions, DSS has concluded that Supported Employment complies with the new HCB settings requirements because:

- The service is selected by the participant as part of the person centered planning process from a range of available services and qualified providers.
- The service facilitates access to the community.
- The service facilitates interaction with non-Medicaid individuals.
- The certification process for providers of this service emphasizes participants’ rights to privacy, dignity and respect.
- The service is provided in a competitive work setting that employs persons both with and without disabilities.

Based on a review of the operating program regulations and the service definitions DSS has concluded that ABI Group Day complies with the new HCB settings requirements because:

- The service is selected by the participant as part of the person centered planning process from a range of available services and qualified providers.
- The service facilitates access to the community.
- The service facilitates interaction with non-Medicaid individuals.
- The certification process for providers of this service emphasizes participants’ rights to privacy, dignity and respect.
- The service is not provided in a facility setting. It is provided in the participant’s home or an agency based setting that might teach such skills as meal planning and preparation, mobility training, or relaxation techniques. Another example might be taking several participants out to a community activity such as shopping, the library, a movie, or lunch.
Based on a review of the operating program regulations and the service definitions DSS has concluded that Community Living Support Services complies with the new HCB settings requirements because:

- The service is selected by the participant as part of the person centered planning process from a range of available services and qualified providers.
- The service facilitates access to the community.
- The service facilitates interaction with non-Medicaid individuals.
- The certification process for providers of this service emphasizes participants’ rights to privacy, dignity and respect.
- The service is provided in the participant’s home, including a home owned or controlled by a provider.
- The service is not provided in a facility/congregate setting.

Upon review of the operating program regulations and the service definitions DSS has concluded that Substance Abuse Programs complies with the new HCB settings requirements because this service is provided in the community or clinic settings, not institutional settings.

Some ABI waiver participants reside in homes that are owned or controlled by provider agencies. DSS developed and distributed a participant survey to be administered by social workers to assess each ABI provider-owned/controlled home’s compliance with the HCB settings requirements. Similar to the participant survey for RCHs, the participant survey for ABI provider-owned/controlled homes includes questions in the following five categories: choice of residence, community access and integration, living space, staff interactions and privacy, and services. DSS also developed and distributed a survey to all ABI provider-owned/controlled homes to do a self-assessment of compliance. This survey includes questions similar to the participant survey in the same five categories.

**Updated Language:**

The following summarizes the administration of, rating methodology for, and findings from the ABI surveys. Although there were two distinct surveys, one for providers and one for participants, questions were kept consistent across surveys to allow for comparison of responses between providers and participants. The results of the surveys were linked using a unique, random number for each ABI setting. The provider survey was active October 2014 through December 2014. Each of the 30 ABI homes completed one survey for his/her home, yielding a 100% response rate. A longer time frame was needed for the participant survey, which was active September 2014 through February 2015. At least one participant response was received for 22 of the 30 ABI provider-owned/leased homes (ABI homes).

Providers were asked 58 questions, and participants were asked to assess 74 questions. For questions that ask whether a characteristic of the setting exists (e.g., do you currently have a lease or similar agreement at your residence?), the respondent could choose from three possible response options: Yes; No; and N/A. For questions about characteristics that might vary over time or in particular circumstances (e.g., are visitors restricted to specified visiting hours?), respondents could choose from five possible response options: Never; Sometimes; Usually; Always; and N/A.
As with the RCH survey described above, each response option was assigned a score based on the number of response options, with a score of 3 being the highest. For Yes/No questions, a positive response (that is, one that demonstrates consistency with the HCB settings requirements), was scored as a 3, while a negative response (that is one that demonstrates inconsistency with the HCB settings requirements) was scored as a 0. For Always/Usually/Sometimes/Never questions, the most positive response was scored as a 3. The next most positive response was scored as a 2, and so on. The least positive response was scored as a 0. As noted for the RCH survey, for some questions, a “Yes” response is considered positive, while for other questions a “No” response is considered positive. Similarly, for some questions, an “Always” response is considered most positive, while for other questions a “Never” response is considered most positive.

For each question, an average score between 0.00 and 3.00 was calculated based on the scoring methodology described above. A score of 3.00 on a question indicates that all providers or all participants (depending on the survey) responding to the question responded with the most positive response. A score of 0.00 on a question indicates that all providers or all participants (depending on the survey) responding to the question responded with the least positive response.

Overall, providers responding to the survey reported that their homes operate in a manner consistent with the HCB settings requirements measured in this survey, as demonstrated by the overall provider scores ranging from 2.55 to 2.91, with an overall average score of 2.78. In general, participants, responded less favorably, in comparison to providers, as demonstrated by the overall participant scores ranging from 1.56 to 2.74, with an overall average score of 2.23. There were five homes where the overall average participant score was less than 2.00 and of these five homes, two homes had a discrepancy of greater than 1.00 as compared to the overall provider score for that home.

There were several topics with large discrepancies between provider and participant responses. For each topic where this occurred, providers responded in a manner that indicated consistency with the HCB settings requirements, and participants responded in a manner that indicated inconsistency with the HCB settings requirements. The topics with the largest discrepancy between provider and participant responses (defined by a difference in overall score by more than 1.00) include:

- Most questions within the Choice of Residence category (provider scores of 3.00 for all questions and participant scores ranging from 1.39 to 1.78).
- Paid work, working in an integrated setting, participating in scheduled community events, and participating in meaningful non-work activities within the community in the Community Access category (provider scores ranging from 2.83 to 3.00 and participant scores ranging from 1.38 to 1.83).
- Whether only a limited number of staff have keys to participants’ bedrooms and whether staff members using a key to enter the participants’ bedroom do so under limited circumstances with participant agreement in the Staff Interactions and Privacy category (provider score of 2.87 and participant score of 1.42).
- Participants having the option to choose providers who deliver HCBS and supports in the Services category (provider score of 2.22 and participant score of 0.84).
The topics with consistently unfavorable responses from both providers and participants (defined as topics with scores less than 2.00 for both groups) include:

- **Community Access category:**
  - Whether the home is located near retail businesses and availability of public transportation.
- **Living Space category:**
  - Whether participants have access to a computer, iPad, or similar device.
  - Refer to Appendix C for a summary of average provider and participant scores by category and question.

As with the RCHs, to help prioritize the site visits of ABI homes, DSS assigned ABI homes a weighted aggregate score based on the classification of survey questions into one of three categories: 1) 100% compliance required (questions for which DSS would expect 100% compliance, such as privacy of health records); 2) high priority (questions determined to test significant HCB settings requirements, e.g., restrictions on visitors); and 3) lower priority (questions determined to test important but not as significant HCB settings requirements, e.g., whether participant owns or has access to a computer, iPad or similar device). Twelve of the 30 ABI homes had a weighted aggregate participant score below 2.00 and/or an average participant score below 2.00 in one of the three categories (100% compliance required, high priority, and lower priority). DSS intends to visit every ABI home (currently 30) for assessments. DSS plans to conduct these assessments using an approach similar to that used for providers of Prevocational Services described above. This includes conducting assessments by geographic area, having two HCBS staff participate in the onsite, meeting with ABI home management and staff for approximately 1.5 hours, using a checklist and standardized questions (with individualized questions and follow up to questions as needed), and speaking with participants if possible. DSS began conducting site visits to ABI homes in late October of 2015 and intends to complete the visits by mid-December.

See Section III.A.2 below for remediation and monitoring strategies related to the ABI waivers.

3. **Mental Health Waiver** (operated by the Department of Mental Health and Addiction Services)

*Updated Language: The Mental Health waiver covers the following services:*

- Community Living Support
- Recovery Assistant
- Home Delivered Meals
- Overnight Recovery Assistant
- PERS
- Home Accessibility Adaptations
- Assistive Technology
- Specialized Medical Equipment
- Peer Supports
- Community Support
- Adult Day Health
- Supported Employment
- Assisted Living
- Brief Episodic Stabilization
- Non-Medical Transportation
- Transitional Case Management

Most of these services (Community Living Support, Recovery Assistant, Home Delivered Meals, Overnight Recovery Assistant, PERS, Home Accessibility Adaptations, Assistive Technology, and Specialized Medical Equipment are provided in the participant's home (owned or leased by the participant/participant's family for personal use) or a non-congregate community setting (e.g., Peer Supports and Community Support). However, DSS identified six services in the Mental Health Waiver that are not just provided in the participant’s home/non-congregate community setting. These services are Adult Day Health, Supported Employment, Assisted Living, Brief Episodic Stabilization, Non-Medical Transportation, and Transitional Case Management. See III.A.1.c for DSS’ assessment of Adult Day Health for the HCBS Waiver for Elders and 1915(i) State Plan HCBS Option (the same providers serve participants in HCPE and the Mental Health Waiver). DSS determined that the assessment of Supported Employment for the ABI waiver (see III.A.2) applies to the Mental Health Waiver. Similarly, DSS’ assessment of Assisted Living (see III.A.1.c) applies to the Mental Health Waiver. Brief Episode Stabilization services are provided in the participant’s home or in another community (non-residential setting). This intervention typically takes place in four to eight hour blocks of time but might last up to 24 or 48 hours if the participant cannot be stabilized within this time period, a more intensive intervention is usually needed. Thus, DSS determined it was in compliance with the HCB settings requirements. Given the nature of Non-Medical Transportation, DSS has concluded that it also is in compliance with the HCB settings requirements. Updated Language: While Transitional Case Management may be provided in an institution, it is not provided by the institution, and the goal is to transition the participant to the community.

4. Personal Care Assistance Waiver

Updated Language: The three services provided through the Personal Care Assistance (PCA) waiver at the time of the development of the initial STP (Personal Care, Assistive Technology, and PERS) were provided in the participant’s home (residences owned or leased by the participant/participant’s family for personal use) and presumed compliant with the HCB settings requirements. DSS recently amended the PCA waiver, and it now covers Care Management, Independent Support Broker, and Adult Family Living. Care Management and Independent Support Broker are provided in the participant’s home or in a non-congregate community setting. For a description of DSS’ assessment of Adult Family Living, please see Section III.A.1.b.

5. Katie Beckett Waiver

DSS has reviewed the settings in which Katie Becket waiver participants reside and determined that all settings in the Katie Beckett waiver fully comply with HCB settings requirements. This waiver serves children through age 21 who live in family homes that are fully compliant with HCB settings requirements. The service available to participants is care management by a
6. **Updated Language: Systemic Assessment**

In response to CMS’ initial comments regarding Connecticut’s STP (dated September 4, 2015), DSS documented its systemic assessment (the crosswalk is included as Attachment A) comparing the requirements in 42 CFR 441.301 regarding HCB settings with each of the operating guidelines applicable to its HCBS programs. The following are the operating guidelines reviewed for the systemic assessment:

- Acquired Brain Injury (ABI) Waiver Program operating policies;
- Personal Care Assistance (PCA) Services for Adults regulations;
- Home Care Program for Elders (HCPE) regulations;
- Standards for Adult Day Care (ADC) centers;
- Assisted Living Service Agencies (ALSA) licensing regulations; and
- Residential Care Home (RCH) licensing regulations.

As requested by CMS, the crosswalk identifies the regulations/standards that were analyzed; includes regulatory citations; identifies aspects of the regulation/standard that are consistent with the HCB settings rule; and identifies the changes that will be made to each regulation/standard.

DSS recognizes that its operating guidelines do not reflect all of the new HCB settings requirements. Therefore, as a starting point, DSS has drafted ABI waiver program regulations that include language to address the HCB setting requirements. This language will be used as the basis for modifying the other regulations or operating policies in order to bring the State into compliance with the HCB settings requirements. DSS has worked with the ADC association to revise the standards for Adult Day Health providers to reflect the HCB setting requirements. While these standards reflect key HCB setting requirements, all of the HCB settings requirements will apply to Adult Day Health providers through the revised DSS program regulations. Similarly, upon review the State does not propose to make changes to the Assisted Living Service Agencies (ALSA) licensing regulations, but the HCB settings requirements in the DSS program regulations will apply to Assisted Living providers. DSS expects that by June 30, 2018 all regulations or operating policies will be modified to reflect the HCB settings requirements.

It is important to note that while it is DSS’ intent to modify the RCH licensing regulations, these regulations are under the authority of DPH; therefore DPH will make the final decision regarding any changes (see Section III.A.1.d for details regarding DSS and DPH collaboration).

7. **Summary of Assessment Milestones and Timelines**

The following chart summarizes DSS’ assessment activities, including milestones and start and end dates. Note that some of the dates have been slightly revised from the draft STP posted in November of 2014 to reflect the actual start date and/or a new end date.
<table>
<thead>
<tr>
<th>Assessment Activity</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evaluate Assisted Living service for compliance via review of DPH regulations, meeting with the assisted living association, and DSS audits.</td>
<td>4/1/14</td>
<td>6/30/14</td>
</tr>
<tr>
<td>Evaluate Adult Day Health service for compliance via review of the certification process, meeting with the ADC association, and reviewing weekly and monthly activity schedules.</td>
<td>4/1/14</td>
<td>6/30/14</td>
</tr>
<tr>
<td>Survey care managers regarding Adult Day Health providers that are adjacent to or on the grounds of a private nursing facility.</td>
<td>10/1/14</td>
<td>10/17/14</td>
</tr>
<tr>
<td>Evaluate survey results to determine whether any Adult Day Health providers need to implement changes to comply with the HCB settings rule.</td>
<td>10/17/14</td>
<td>10/24/14</td>
</tr>
<tr>
<td>Issue surveys for care managers to complete with waiver and 1915(i) participants who reside in RCHs.</td>
<td>9/1/14</td>
<td>2/28/15</td>
</tr>
<tr>
<td>Issue surveys to RCH owners.</td>
<td>10/1/14</td>
<td>12/31/14</td>
</tr>
<tr>
<td>Evaluate survey results to identify RCHs that need to implement changes to comply with the HCB settings rule.</td>
<td>1/1/15</td>
<td>3/31/15</td>
</tr>
<tr>
<td>Updated Language: Conduct site-specific assessments of RCHs.</td>
<td>11/17/15</td>
<td>3/31/16</td>
</tr>
<tr>
<td>Review DPH’s regulations regarding RCHs to determine if regulatory changes might be needed to ensure compliance with the HCB settings rule.</td>
<td>2/1/15</td>
<td>Updated Language: 11/11/15</td>
</tr>
<tr>
<td>Issue surveys for social workers to complete with ABI waiver participants who reside in provider-owned/controlled residences.</td>
<td>9/1/14</td>
<td>2/1/15</td>
</tr>
<tr>
<td>Issue surveys to ABI provider-owned/controlled homes.</td>
<td>10/1/14</td>
<td>12/10/14</td>
</tr>
<tr>
<td>Evaluate survey results to determine whether any ABI provider-owned/controlled homes need to implement changes to comply with the HCB settings rule.</td>
<td>12/11/14</td>
<td>3/31/15</td>
</tr>
<tr>
<td>Updated Language: Conduct site-specific assessments of ABI provider-owned/controlled homes</td>
<td>10/28/15</td>
<td>12/20/15</td>
</tr>
<tr>
<td>Survey social workers regarding Prevocational Services to further evaluate compliance with the new rule and evaluate survey results.</td>
<td>11/1/14</td>
<td>1/5/15</td>
</tr>
<tr>
<td>Updated Language: Conduct site-specific assessments of Prevocational Services</td>
<td>7/6/15</td>
<td>3/31/16</td>
</tr>
<tr>
<td>Hold public hearing on draft STP (statewide and HCBS program-specific).</td>
<td>10/22/14</td>
<td>10/22/14</td>
</tr>
<tr>
<td>Updated Language: Documented systemic assessment.</td>
<td>10/4/15</td>
<td>11/6/15</td>
</tr>
</tbody>
</table>

B. DDS Waivers

DDS reviewed the services and settings for each of its HCBS programs to determine whether each service/setting complies with the new HCB settings requirements. DDS concluded that services provided in a participant’s home (residence owned or leased by the participant/participant’s family for personal use other than a home owned or leased by a HCBS provider), services provided in a practitioner’s office (e.g., Behavioral Support), and transportation all comply with the HCB settings requirements. Furthermore, DDS determined that services provided in a community setting (e.g., Individualized Day, Individual Supported Employment) comply with the new HCB settings requirements. DDS conducted a further assessment of services/settings that do not meet the above criteria to determine whether the
service/setting complies with the new HCB settings requirements. A discussion of DDS’ further assessment is described below. Two service settings that DDS did not review are Assisted Living and Adult Day Health. Both these services are the same as those in the HCBS Waiver for Elders and 1915(i) State Plan HCBS Option, and therefore DSS’ assessment of these services (see Sections II.A.1.a (Assisted Living) and II.A.1.c (Adult Day Health)) applies to DDS’ waivers.

1. **Comprehensive Waiver**

In preparation for the draft STP posted in July of 2014, DDS reviewed the current waiver services.

*Updated Language: DDS reviewed the waiver services and residential settings covered by the Comprehensive waiver, which are as follows:*

- Adult Companion aka Companion Supports
- Adult Day Health
- Assisted Living
- Assistive Technology
- Behavioral Support Services (formerly Consultation)
- Community Companion Homes (CCH)
- Community Living Arrangements (CLA)
- Continuous Residential Supports (CRS)
- Environmental Modifications
- Group Day Supports (DSO)
- Health Care Coordination
- Independent Support Broker (formerly Family and Individual Consultation and Support)
- Individual Goods and Services
- Individualized Day Supports
- Individualized Home Supports
- Interpreter
- Live in Caregiver
- Nutrition (formerly consultative services)
- Parenting Support
- Peer Support
- Personal Emergency Response System (PERS)
- Personal Support
- Prevocational Services
- Respite
- Shared Living
- Senior Supports
- Specialized Medical Equipment and Supplies
• Supported Employment
• Training and Counseling for Unpaid Caregiver
• Transportation
• Vehicle Modifications

DDS identified three residential services that required further review to assure compliance with the new HCB settings requirements and three employment or day support services that require further review to assure compliance with the new HCB settings requirements. The services requiring further review are Community Living Arrangements, Community Companion Homes, Continuous Residential Supports, Prevocational Supports, Group Supported Employment and Group Day Support Options. The other waiver services are provided in the participant’s home, provided in the provider’s office or other non-congregate community setting, or transportation.

a. Residential Habilitation: Community Living Arrangements and Community Companion Homes

Residential habilitation assists participants with the acquisition, improvement and/or retention of skills and provides necessary support to achieve personal outcomes that enhance a participant’s ability to live in their community as specified in their Individual Plan. This service is specifically designed to result in learned outcomes, but can also include elements of personal support that occur naturally during the course of the day.

Community Living Arrangements (CLA) are licensed settings operated by DDS regions or private agencies and offer participants opportunities to live in typical community housing. Homes are small in size and generally serve six or fewer participants.

Community Companion Homes (CCH) are privately owned or leased homes licensed by DDS. The CCH model offers a family setting to people with intellectual disabilities. Families of diverse cultures, backgrounds and composition are sought for the best possible match. CCH regulations provide the authority for homes to be licensed for up to three participants. However, to assure initial success, homes are initially licensed for only one participant. After a successful one year period with a participant living in the home, the region will consider requests for increased capacity based on strict guidelines to assure the best outcomes for the participant already living in the home. All regional recommendations for increases in capacity are reviewed and must be approved by Central Office Quality Management Services unit.

Both CLAs and CCHs provide participants living in these settings individual support for lifelong planning and to join with others to create and promote meaningful opportunities for them to fully participate as valued members of their communities, as well as maintaining contact with people important in their lives, and support them in working toward their personal goals.

All providers of CLA services are required to enter into a Purchase of Service Contract with DDS. The contract states that CLAs enable participants to reside in non-institutional settings where they can live, learn, work and enjoy life in their community in places where they can use their personal strengths, talents and passions. Participants develop safe, meaningful and empowering relationships with people other than service providers, have the opportunity to develop skills through lifelong learning and as participants gain skills and competencies. They
know their rights and responsibilities, make informed choices, take responsibility for their lives, and experience the dignity of risk, and/or earn money and pursue opportunities to live the life they choose.

DDS reviewed the waiver service definition, contract language, and service regulations, and concluded that these are in compliance with the HCB settings requirements. Updated Language: Where modifications to the HCB settings requirements are necessary based upon a participant’s programmatic needs, the modifications are least-restrictive and are documented in the Individual Plan.

Updated Language: In addition to these assessment activities, DDS developed an online Provider Self-Assessment Tool based upon the CMS Probing Questions. The survey was distributed in electronic format to CLA and CCH providers on August 1, 2014. The survey was closed on September 15, 2014. DDS received 644 responses relating to uniquely identified locations. DDS also developed a survey for waiver participants and family members of participants receiving DDS waiver services. The survey was distributed in electronic and paper format from November 15, 2014 – December 31, 2014.

Based upon the Provider Self-Assessment the average compliance for the CLA setting was 81% and for CCH was 79%. DDS noted the following areas in need of additional work to reach compliance: Increase access to food when desired, increase documentation of food restrictions when applicable, increase education regarding making anonymous complaints, increase access to public and alternate transportation, increase ability for individuals to come and go as they wish, increase use of locks on bedroom doors, and ensure when staff are given keys for entry into rooms the individual has agreed to this and it is documented in the Person Centered Plan.

Based on these assessment activities DDS has determined that CLA and CCH settings require ongoing training and remediation to reach compliance with the HCB settings requirements. DDS will conduct verification of Provider Self-Assessments using existing Quality Assessment methodologies (onsite visits using the QSR tool) detailed in the DDS 1915 (c) Waiver Applications on an ongoing basis, and will complete the verification process by July 31, 2016. Where instances of non-compliance are identified, either through verification of the provider self-assessment data or ongoing monitoring, DDS will utilize its current remediation methodology to ensure compliance. Please see Section III.B.1 for a description of DDS’ remediation and monitoring activities to ensure initial and ongoing compliance with the HCB settings requirements.

b. Continuous Residential Supports

Continuous Residential Supports (CRS) provide assistance with the acquisition, improvement and/or retention of skills and provides necessary support to achieve personal habilitation outcomes that enhance a participant’s ability to live in his/her community as specified in the Individual Plan. This service includes a combination of habilitation and personal support activities as they would naturally occur during the course of a day.

CRS must take place in a setting other than a family home and have the following characteristics:

- Three or fewer participants living together in the same apartment, condominium or single family dwelling.
• Participants have their own rooms.
• Participants have a lease or legally binding agreement.
• Participants can choose to self-direct their services by utilizing an Agency with Choice.

DDS reviewed the waiver service definition of CRS and determined that the HCB settings requirements are specified in the definition, so no changes need to be made to the waiver service definition. This also indicates that the providers are aware of and are in compliance with the HCB settings requirements. Updated Language: Where modification to the HCB settings requirements are necessary based upon a participant’s programmatic needs, the modifications are least-restrictive and are documented in the Individual Plan.

All providers of CRS services are required to enter into a Purchase of Service Contract with DDS. The contract states that CRS is a non-licensed setting for no more than three participants that provides the necessary support to achieve personal outcomes that enhance a participant’s ability to live in their community. The language is clear that participants will hold the lease to their home, that paid staff support should not replace non-paid supports provided by family, friends, and the community, and that participants should have a choice regarding with whom they live and where they live. Therefore, DDS has determined that the CRS contract is in compliance with the HCB settings requirements.

In addition to these assessment activities, DDS developed an online Provider Self-Assessment Tool based upon the CMS Probing Questions. The survey was distributed in electronic format to CRS providers on August 1, 2014. The survey was closed on September 15, 2014. DDS received 153 responses relating to uniquely identified locations. DDS also developed a survey for Waiver participants and family members of participants receiving DDS Waiver services. The survey was distributed in electronic and paper format from November 15, 2014 – December 31, 2014.

Updated Language: Based on the Provider Self-Assessment the average compliance for CRS was 87%. DDS noted the following areas in need of additional work to reach compliance: increase documentation of food restrictions when applicable; increase education regarding making anonymous complaints; increase access to public and alternate transportation, increase ability for individuals to come and go as they wish; increase use of locks on bedroom doors; and ensure when staff are given keys for entry into rooms the individual has agreed to this and it is documented in the Person Centered Plan.

Based on these assessment activities DDS has determined that CRS settings require ongoing training and remediation to reach compliance with the HCB settings requirements.

DDS will conduct verification of Provider Self-Assessments using existing Quality Assessment methodologies detailed in the DDS 1915 (c) waiver applications on an ongoing basis, and will complete the verification process by July 31, 2016. Where instances of non-compliance are identified, either through verification of the provider self-assessment data or ongoing monitoring, DDS will utilize its current remediation methodology to ensure compliance. Please see Section III.B.1 for a description of DDS’ remediation and monitoring activities to ensure initial and ongoing compliance with the HCB settings requirements.
c. **Prevocational Services**

Prevocational Services provide learning and work experiences and training to assist the participant to prepare for employment. Services include teaching such concepts as compliance, attendance, task completion, problem solving and safety that contribute to the participant’s employability in paid and integrated employment. This may include teaching, training, supporting work activities, career assessment and career planning. Services are not job-task oriented, but instead aimed at a generalized result. Services are reflected in the participant’s Individual Plan with outcomes and timelines towards individualized competitive employment. An annual community based assessment is completed for each participant and reviewed by DDS.

DDS reviewed the waiver service definition and the contract language and determined that the HCB settings requirements are specified in the definition and the contract is in compliance with the HCB settings requirements, so no changes need to be made to the waiver service definition or contract. This also indicates that the providers are aware of and in compliance with the HCB settings requirements.

In addition, DDS conducted a survey of providers of Prevocational Services and participants and family members of participants receiving Prevocational Services. Although verification of results using NCI survey data is ongoing, initial analysis shows that the qualities necessary to comply with the HCB settings requirements are present in prevocational settings. Where modification to the HCB settings requirements are necessary based upon a participant’s programmatic needs, the modifications are least-restrictive and are documented in the Individual Plan.

Based on these assessment activities DDS has determined that Prevocational Services are compliant with the HCB settings requirements. Where instances of non-compliance are identified, either through verification of the provider self-assessment data or ongoing monitoring, DDS will utilize its current remediation methodology to ensure compliance. Please see Section III.B.1 for a description of DDS’ remediation and monitoring activities to ensure ongoing compliance with the HCB settings requirements.

d. **Group Supported Employment**

Group Supported Employment provides ongoing supports that enable participants in a structured environment focused towards work. This service is provided to participants for whom individualized competitive employment at or above the minimum wage is currently unattainable but are on the path to competitive employment with some ongoing supports and need supports to perform in a regular work setting. Group Supported Employment may include assisting the participant with assessments, career planning, locating a job or developing a job on behalf of the participant. Group Supported Employment occurs in a variety of settings, particularly work sites where persons without disabilities are employed. Group Supported Employment includes activities needed to obtain and sustain paid work by participants, including career planning, assistive technology, job development, supervision and training.

DDS reviewed the waiver service definition and the contract language and determined that the HCB settings requirements are specified in the definition, and the contract is in compliance with the HCB settings requirements, so no changes need to be made to the waiver service definition or
contract. This also indicates that the providers are aware of and in compliance with the HCB settings requirements.

In addition, DDS conducted a survey of Group Supported Employment providers and participants and family members of participants receiving Group Supported Employment services. Although verification of results using NCI survey data is ongoing, initial analysis shows that the qualities necessary to comply with the HCB settings requirements are present in Group Supported Employment settings. Where modification to the HCB settings requirements are necessary based upon a participant’s programmatic needs, the modifications are least-restrictive and are documented in the Individual Plan.

Based on these assessment activities DDS has determined that Group Supported Employment is compliant with the HCB settings requirements. Where instances of non-compliance are identified, either through verification of the provider self-assessment data or ongoing monitoring, DDS will utilize its current remediation methodology to ensure compliance. Please see Section III.B.1 for a description of DDS’ remediation and monitoring activities to ensure ongoing compliance with the HCB settings requirements.

e. Group Day Support Options

Groups Day Support Options are services and supports leading to the acquisition, improvement and/or retention of skills and abilities to prepare a participant for work and/or community participation, or support meaningful socialization, leisure and retirement activities.

DDS reviewed the waiver service definition and the contract language and determined that the HCB settings requirements are specified in the definition, and the contract is in compliance with the HCB settings requirement, so no changes need to be made to the waiver service definition or contract. This also indicates that the providers are aware of and in compliance with the HCB settings requirements. DDS conducted a survey of Group Day Support Option providers and participants and family members of participants receiving Group Day Support Options services. Although verification of results using NCI survey data is ongoing, initial analysis shows that the qualities necessary to comply with the HCB settings requirements are present in Group Day Support Options settings. Where modification to the HCB settings requirements are necessary based upon a participant’s programmatic needs, the modifications are least-restrictive and are documented in the Individual Plan.

Based on these assessment activities DDS has determined that Group Day Support Options is compliant with the HCB settings requirements. Where instances of non-compliance are identified, either through verification of the provider self-assessment data or ongoing monitoring, DDS will utilize its current remediation methodology to ensure compliance. Please see Section III.B.1 for a description of DDS’ remediation and monitoring activities to ensure ongoing compliance with the HCB settings requirements.

2. Individual and Family Support Waiver

*Updated Language: DDS reviewed the waiver services and residential settings covered by the Individual and Family Supports waiver, which are as follows:*

- *Adult Companion aka Companion Supports*
In preparing for the amendment to the Individual and Family Support Waiver, DDS reviewed the waiver services and determined that two settings and three services in the Individual and Family Support Waiver required further review to assure compliance with the new HCB settings requirements. The two settings are Community Companion Homes and Continuous Residential Supports and the three services are Pre-Vocational Services, Group Supported Employment and Group Day Supports Options. The other waiver services are provided in the participant’s home, provided in the provider’s office or other non-congregate community setting, or transportation.
a. Community Companion Homes (CCH)

The Community Companion Homes (CCH) service covered in the Individual and Family Support Waiver is the same as CCH in the Comprehensive Waiver. Thus, the assessment of CCH for the Comprehensive Waiver applies to CCH in the Individual and Family Support Waiver. Please see Section II.B.1.a for DDS’ assessment of CCH.

b. Continuous Residential Supports

Continuous Residential Supports (CRS) provided in the Individual and Family Support Waiver is the same as CRS provided in the Comprehensive Waiver. Therefore, the assessment of CRS for the Comprehensive Waiver applies to CRS in the Individual and Family Support Waiver. Please see Section II.B.1.b for DDS’ assessment of CRS.

c. Prevocational Services

Prevocational Services covered by the Individual and Family Support Waiver is the same as Prevocational Services provided in the Comprehensive Waiver. Thus, the assessment of Prevocational Services for the Comprehensive Waiver applies to Prevocational Services in the Individual and Family Support Waiver. Please see Section II.B.1.c for DDS’ assessment of Prevocational Services.

d. Group Supported Employment

Group Supported Employment provided in the Individual and Family Support Waiver is the same as Group Supported Employment provided in the Comprehensive Waiver. Therefore, the assessment of Group Supported Employment for the Comprehensive Waiver applies to Group Supported Employment in the Individual and Family Support Waiver. Please see Section II.B.1.d for DDS’ assessment of Group Supported Employment.

e. Group Day Support Options

Group Day Support Options provided in the Individual and Family Support Waiver is the same as Group Day Support Options provided in the Comprehensive Waiver. Therefore, the assessment of Group Day Support Options for the Comprehensive Waiver applies to Group Day Support Options in the Individual and Family Support Waiver. Please see Section II.B.1.e for DDS’ assessment of Group Day Support Options.

3. Employment and Day Supports Waiver

DDS has reviewed the settings in which Employment and Day Supports Waiver participants receive their HCB services. All participants of this waiver reside in their family home or their own home (owned or rented by the family or participant), which is compliant with the HCB settings requirements. In preparation for the draft STP posted in July of 2014, DDS reviewed following services.

*Updated Language: DDS reviewed the waiver services and residential settings covered by the Employment and Day Supports waiver, which are as follows:*

- Adult Day Health
• Assistive Technology
• Behavioral Support Services
• Day Supports Options
• Independent Support Broker (formerly Family and Individual Consultation and Support
• Individual Goods and Services
• Individualized Day Supports
• Interpreter
• Peer Support
• Respite
• Specialized Medical Equipment and Supplies
• Group Supported Employment
• Transportation

DDS identified two services that required further review to assure compliance with the new HCB settings requirements. The services requiring review are Group Supported Employment and Group Day Support Options. The other waiver services are provided in the participant’s home, provided in the provider’s office or other non-congregate community setting, or transportation.

a. Group Supported Employment

Group Supported Employment provided in the Employment and Day Supports Waiver is the same as Group Supported Employment provided in the Comprehensive Waiver. Therefore, the assessment of Group Supported Employment for the Comprehensive Waiver applies to Group Supported Employment in the Employment and Day Supports Waiver. Please see Section II.B.1.d for DDS’ assessment of Group Supported Employment.

b. Group Day Support Options

Day Support Options provided in the Employment and Day Supports Waiver is the same as Group Day Support Options provided in the Comprehensive Waiver. Therefore, the assessment of Group Day Support Options for the Comprehensive Waiver applies to Day Support Options in the Employment and Day Supports Waiver. Please see Section II.B.1.e for DDS’ assessment of Group Day Support Options.

4. Home and Community Supports Waiver for Persons with Autism

The Home and Community Supports Waiver for Persons with Autism serves children as young as eight and across the lifespan who are diagnosed with Autism Spectrum Disorder. Waiver participants receive services in their family home or their own home (home owned or leased by the participant, the participants’ parents or legal guardians). This is fully compliant with the HCB settings requirements.

In preparation for the draft STP posted in July of 2014, DDS reviewed the current waiver services in the Home and Community Supports Waiver for Persons with Autism.
Updated Language: DDS reviewed the waiver services and residential settings covered by the Home and Community Supports Waiver for Persons with Autism, which are as follows:

- Assistive Technology
- Clinical Behavioral Support Services
- Community Companion Homes (CCH)
- Community Mentor
- Interpreter
- Individual Goods and Services
- Job Coaching
- Life Skills Coach
- Live in Companion
- Social Skills Group
- Personal Emergency Response System
- Respite
- Specialized Driving Assessment
- Non-Medical Transportation

DDS identified one service/setting that required further review to assure compliance with the new HCB settings requirements. The setting/service requiring review is Community Companion Homes (CCH). Currently no participants served by this waiver reside in this setting. The Community Companion Homes (CCH) service covered in the Home and Community Supports Waiver for Persons with Autism is the same as CCH in the Comprehensive Waiver. Thus, the assessment of CCH for the Comprehensive Waiver applies to CCH in the Home and Community Supports Waiver for Persons with Autism. Please see Section II.B.1.a for DDS’ assessment of CCH.

All other services covered in the Home and Community Supports Waiver for Persons with Autism are provided in the participant’s home, provided in the provider’s office or other non-congregate community setting, or transportation.

5. Early Childhood Autism Waiver

The Early Childhood Autism Waiver serves young children ages three and four who are diagnosed with Autism Spectrum Disorder and who have significant deficits in adaptive behaviors.

Updated Language: DDS reviewed the waiver services and residential settings covered by the Early Childhood Autism waiver, which are as follows:

- ABA Certified Clinician
- Life Skills Coach
Children receive behavioral consultation through the use of Applied Behavior Analysis and Functional Behavior Assessments. Services are provided in the child’s home (home owned or leased by the child’s parents or legal guardians). This is fully compliant with the new HCB settings requirements.

6. Updated Language: Systemic Assessment

DDS does not currently have promulgated regulations for the HCBS programs it administers and instead relies upon the CMS approved waiver applications as the operating framework. However, DDS and DSS recognize that additional guidance is necessary in order to ensure compliance with the HCB settings requirements. Draft regulations are under development with expected promulgation by June 30, 2018.

7. Summary of Assessment Milestones and Timelines

The following chart summarizes DDS’ assessment activities, including milestones and start and end dates.

<table>
<thead>
<tr>
<th>Assessment Activity</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provider breakdown by site. State identifies settings for review and associated providers.</td>
<td>7/1/14</td>
<td>7/30/14</td>
</tr>
<tr>
<td>Stakeholder Transition Work Group. Interdisciplinary team formed to direct assessment and remediation process and STP development.</td>
<td>7/1/14</td>
<td>12/31/14</td>
</tr>
<tr>
<td>Review of all DDS waiver service definitions, contracts and regulations as applicable.</td>
<td>7/1/14</td>
<td>9/30/14</td>
</tr>
<tr>
<td>Development of provider self-assessment. Online survey developed based on the CMS probing questions.</td>
<td>7/1/14</td>
<td>8/31/14</td>
</tr>
<tr>
<td>Test/refine self-assessment tool. Test tool for functionality/content.</td>
<td>8/1/14</td>
<td>8/31/14</td>
</tr>
<tr>
<td>Engage providers to complete self-assessment tool. Roll-out tool using centralized distribution methodology, simultaneous posting on DDS’ website.</td>
<td>8/1/14</td>
<td>9/15/14</td>
</tr>
<tr>
<td>Development of participant and family survey (developed using questions from NCI and CMS’s exploratory questions).</td>
<td>9/1/14</td>
<td>10/1/14</td>
</tr>
<tr>
<td>Engage participants and families to complete survey. Develop fact sheet for participants and families, load survey into survey tool, deliver tool.</td>
<td>11/15/14</td>
<td>12/31/14</td>
</tr>
<tr>
<td>System barrier identification. Transition Work Group engages in identifying and prioritizing system policy, procedures, and regulations that present barriers to HCB settings requirements.</td>
<td>7/15/14</td>
<td>9/15/14</td>
</tr>
<tr>
<td>Validation of provider self-assessment. Compare provider self-assessment data to data from QSR onsite visits.</td>
<td>11/1/14</td>
<td>07/31/2016</td>
</tr>
<tr>
<td>Revise STP based on assessment analysis, outreach and public comments.</td>
<td>11/1/14</td>
<td>12/20/14</td>
</tr>
</tbody>
</table>
III. REMEDIATION AND MONITORING ACTIVITIES

A. DSS Waivers

*Updated Language*: DSS has not completed its assessment of the services and settings for each of its HCBS programs, so the full extent of remediation activities (including the number of sites needing remediation) will not be known until completion of all site-specific reviews. As appropriate, the STP will be updated after this time to note any additional activities. General remediation activities include the following:

- **Within 90 days of completion of site-specific assessments for each provider setting**, DSS will notify providers determined to be compliant with modifications/potentially non-compliant of identified issues and appropriate next steps.
- **Within 60 days of notification**, providers will submit a detailed strategy to DSS that addresses identified issues including timeframes.
- **DSS will review the strategy and either approve or submit additional questions/concerns to the provider within 60 days of receipt.**
  - If additional information is necessary, DSS will notify the provider; the provider will revise its strategy, respond to DSS questions and submit a revised strategy to DSS within 30 days of receipt.
- **Providers will submit monthly reports on the status of implementing the approved strategy.**
- **Providers that are unable to satisfactorily address issues within agreed upon timeframes will not be allowed to continue to provide services to HCBS participants.**
- **Ongoing, providers new to the system must meet all HCB settings requirements prior to delivering services to HCBS participants.**

*Additional potential remediation and monitoring activities, per program, are described in more detail below.*

1. **HCBS Waiver for Elders and 1915(i) State Plan HCBS Option**

As noted in Section II.A.1, DSS identified three services and one setting in the HCBS Waiver for Elders and the 1915(i) State Plan HCBS Option that required further review to assure compliance with the new HCB requirements. The three services are Assisted Living, Adult Family Living, and Adult Day Health. The setting requiring review is Residential Care Homes. In addition to the remediation and monitoring activities described below for each service/setting, as part of its ongoing quality reviews of the DSS’ care management entities, DSS will audit a sample of HCBS providers, including conducting onsite visits of providers. The onsite visit will include a review of compliance with the HCB settings requirements.

a. **Assisted Living**

Although DSS has concluded that Assisted Living complies with the HCB settings requirements, DSS will strengthen the language in its program regulations to specifically reflect the HCB settings requirements. In addition, DSS has incorporated review for compliance with HCB
settings requirements in its regular quality assurance audits of assisted living providers. Each year DSS audits two to three different communities. The audit includes interviews with HCBS participants.

b. Adult Family Living

DSS has determined that Adult Family Living complies with the HCB settings requirements. DSS will undertake activities to ensure ongoing compliance. This includes meeting with the providers of Adult Family Living and emphasizing the importance of compliance with the HCB settings requirements. Updated Language: In addition, by June 30, 2018, DSS will add language to its program regulations to reflect the HCB settings requirements. Moreover, on an ongoing basis, as part of their home visits, care managers (who have been trained on the new rule) will review participants’ settings to identify any inconsistencies with the HCB settings requirements.

Updated Language: An updated assessment tool for this purpose is targeted for development by July 1, 2017. Participant service plans will be updated to note any identified issues and follow up activities to address identified issues. Providers will be notified of issues and necessary next steps within 30 days of identified of the issues. In addition to care manager home visits, other resources DSS will look to for identification of provider issues include, but are not limited to providers, stakeholders and complaints.

c. Adult Day Health

While DSS has determined that Adult Day Health complies with the HCB settings requirements, DSS will follow up with the two centers that received a score below a four on a statement on the Adult Day Health survey described above and work with them on a quality improvement plan. Updated Language: One of these two Adult Day Health providers closed in September of 2015. DSS conducted a site visit of the other Adult Day Health provider and determined that it is in compliance with the HCB settings requirements and no need for a corrective action plan was identified. DSS worked with the certification committee of the ADC association to include language in their certification standards to more clearly reflect the HCB settings requirements. These revised standards will be effective January 1, 2016. DSS will also revise its own program regulations to reflect the HCB settings requirements. Updated Language: This will be accomplished by June 30, 2018. In order to ensure ongoing compliance, visits to Adult Day Health providers will be integrated into DSS’ ongoing quality assurance activities.

d. Residential Care Homes

On November 19, 2014 DSS conducted training for the RCH association to ensure understanding of the HCB settings requirements. DSS will also work with DPH, which licenses RCHs, to update regulatory documents to assure compliance with the HCB settings requirements. Updated Language: A first meeting is scheduled for December 10, 2015 of a committee composed of representatives from DPH, the RCH association, office of the DSS Ombudsman, and DSS to review regulations and begin the process of making changes/revisions to support HCB settings requirements.

Updated Language: As noted in Section II.A.1.d, DSS reviewed the results of the RCH surveys and decided to conduct site-specific assessments of all RCHs where a participant is residing.
DSS anticipates that some RCHs are not fully compliant with the HCB settings requirements. Therefore, in addition to the general remediation and monitoring activities listed above, DSS will work with individual providers identified as potentially not compliant to address any non-compliance. DSS will inform individual RCHs of non-compliance items and request the RCH to submit a corrective action plan (CAP) that identifies the steps the RCH will take to remediate the identified issues and the timelines for each step and anticipated compliance. DSS will require the RCH to provide periodic updates on its progress. DSS is working with a stakeholder group that includes the United States Department of Housing and Urban Development (HUD) to assist housing providers, including RCHs, comply with the HCB settings requirements. One of the planned initiatives is to provide a competitive grant to RCHs that are affiliated with nursing facilities to help them comply with the HCB settings requirements. Updated Language: In order to broaden stakeholder participation, DSS reached out to LeadingAge Connecticut and its staff lobbyist for assistance in facilitating provider compliance. LeadingAge Connecticut represents over 130 not-for-profit provider organizations serving older adults and disabled individuals across the State. If an RCH is unable or unwilling to comply with the HCB settings requirements, DSS will notify the care manager(s) for the affected participant(s), and the care manager will help the participant select and then transition to a setting that meets the HCB settings requirements. DSS assures that it will provide reasonable notice and due process to any participant that needs to transition to another setting. Updated Language: The relocation process will be specific to the participant and may take until August 2018 to complete. The care manager will work with the participant to ensure continuity of care as the participant transitions to new provider(s), including education about the process, timeframes and due process rights. Through the person centered planning process the care manager will ensure that the participant is provided information about alternative settings that comply with HCB settings requirements and makes an informed choice of an alternative setting. The care manager will ensure that all services are in place in advance of a participant’s transition and will monitor the transition to ensure successful placement and continuity of services. This will include increased monitoring before and after transition, updating the participant’s service plan as needed, and tracking the success of the transition. Updated Language: Care managers will conduct an onsite review of provider settings prior to participation relocation. Additionally, care managers will touch base with participants within the first month following transition, three months after transition and ongoing as part of regularly scheduled visits to monitor the status of the transition. While care managers will provide information on options and encourage participants to transition to a setting that complies with the HCB settings requirements, some participants may choose to remain in their current setting and disenroll from the waiver.

To ensure ongoing compliance, as part of the initial assessment of participants for enrollment in the HCBS Waiver for Elders/the 1915(i) State Plan HCBS Option, care managers (who have been trained on the new rule) will evaluate the RCH’s compliance with the HCB settings requirements using a checklist that ensures the setting meets the HCB settings requirements, including:

- The participant has a lease;
- The participant has privacy including lockable doors;
- The participant has a choice of roommates;
- The participant has freedom to control his/her own schedule;
- The participant is free to have visitors; and
• The setting is integrated into the community and facilitates access to community activities such as movies, shopping, and recreational activities.

Similar to the evaluation at initial assessment, if a participant chooses to move into an RCH, the care manager will use the checklist to ensure the setting meets the HCB settings requirements.

Also, on an ongoing basis, as part of their home visits, care managers will evaluate the RCH’s compliance with the HCB settings requirements. This will ensure that all settings where individuals receive services will continue to meet the HCB settings requirements on an ongoing basis. Updated Language: An updated assessment tool for this purpose is targeted for development by July 1, 2017. Participant service plans will be updated to note any identified issues and follow up activities to address identified issues. Providers will be notified of issues and necessary next steps within 30 days of identification of the issues. In addition to care manager home visits, other resources DSS will draw upon for identification of provider issues include, but are not limited to providers, stakeholders and complaints.

If at any time (during initial assessment, when a participant moves to a RCH, or during a home visit as part of ongoing monitoring) the care manager determines that an RCH is not compliant with the HCB settings requirements, the care manager will discuss this with the participant and offer the participant alternative settings that are compliant. If the applicant/participant chooses to reside in the non-compliant setting, he/she would not be eligible for the HCBS program.

2. Acquired Brain Injury Waiver

Updated Language: As noted in Section II.A.2, DSS reviewed the results of the Prevocational Services survey and decided to conduct site-specific assessments of all providers of Prevocational Services. If a Prevocational Services provider is unable or unwilling to comply with the HCB settings requirements, that provider will be terminated, and the social workers will help affected participants select and then transition to a Prevocational Services provider that meets the HCB settings requirements.

On December 3, 2014, DSS conducted training for ABI providers, including providers who have participants residing in homes that the provider either owns or leases. Updated Language: By December 31, 2016, DSS will add language to its operating policies to reflect the HCB settings requirements. This will include ensuring that waiver participants residing in ABI provider owned or controlled homes have a lease.

Updated Language: As noted in Section II.A.2, a site review will be conducted of all ABI provider owned/controlled homes. The onsite assessment will enable DSS to substantiate the survey findings and the extent to which ABI homes are compliant with HCB settings requirements. If DSS determines, based on the survey results and/or site-specific review, that an ABI provider owned/controlled home is not fully compliant with the HCB settings requirements, DSS will work with the provider to address any non-compliance. DSS will inform individual providers of non-compliance items and request the provider to submit a CAP that identifies the steps the provider will take to remediate the identified issues and the timelines for each step and anticipated compliance. DSS will require the provider to provide periodic updates on its progress.
If an ABI provider owned/controlled home is unable or unwilling to comply with the HCB settings requirements, DSS will notify the social worker(s) for the affected participant(s), and the social worker will help the participant select and then transition to a residential setting that meets the HCB settings requirements. DSS assures that it will provide reasonable notice and due process to any participant that needs to transition to another setting. Updated Language: The relocation process will be specific to the participant and may take up to March 2018 to complete. The care manager will work with the participant to ensure continuity of care as the participant transitions to new provider(s), including education about the process, timeframes and due process rights. Through the person centered planning process, social workers will ensure that the participant makes an informed choice from alternative settings that comply with the HCB settings requirements. The social worker will also ensure that all services are in place in advance of the participant’s transition and then monitor the transition to ensure successful placement and continuity of services. This will include increased monitoring before and after transition, updating the participant’s service plan as needed, and tracking the success of the transition. Updated Language: Care managers will conduct an onsite review of provider settings prior to participation relocation. Additionally, care managers will touch base with participants within the first month following transition, three months after transition and ongoing as part of regularly scheduled visits to monitor the status of the transition. While care managers will provide information on options and encourage participants to transition to a setting that complies with the HCB settings requirements, some participants may choose to remain in their current setting and disenroll from the waiver.

Updated Language: In addition to the individual review of the setting done by the social worker, the State will verify compliance with the HCB settings requirements during the provider credentialing and re-credentialing process. This will include reviewing the service definitions with new providers to ensure that only those providers who meet HCB settings requirements can enroll and provide services under this waiver. To ensure ongoing compliance of ABI provider owned/controlled homes, as part of the initial assessment of participants for enrollment in the ABI waiver, social workers (who have been trained on the new rule) will evaluate the ABI provider owned/controlled home’s compliance with the HCB settings requirements using a checklist that ensures the setting meets the HCB settings requirements. This checklist will be similar to the one used by care managers for RCHs, as described in Section III.1.A.d above. Similar to the evaluation at initial assessment, if a participant chooses to move into an ABI provider owned/controlled home, the social worker will use the checklist to ensure the setting meets the HCB settings requirements. Also, on an ongoing basis, at reassessments and team meetings, social workers will evaluate the ABI provider owned/controlled home’s compliance with the HCB settings requirements. This will ensure that all settings where individuals receive services will continue to meet the HCB settings requirements on an ongoing basis. If at any time (during initial assessment, when a participant moves to a ABI provider owned/controlled home, or during a home visit) the social worker determines that a ABI provider owned/controlled home is not compliant with the HCB settings requirements, the social worker will discuss this with the participant and offer the participant alternative settings that are compliant. If the applicant/participant chooses to reside in the non-compliant setting, he/she would not be eligible for the ABI waiver.
In addition to the individual review of the setting done by the social worker, the State will verify compliance with the HCB settings requirements during the provider credentialing and re-credentialing process. This will include reviewing the service definitions with new providers and case managers to ensure that only those providers who meet HCB settings requirements can enroll and provide services under this waiver. Additionally, Connecticut has implemented the utilization of a Uniform Assessment (UA) across all waiver programs. Questions pertinent to settings requirements have been developed and submitted for inclusion into the UA for use across all populations. We anticipate the questions to be included in a subsequent release of the tool in 2017.

3. **Mental Health Waiver** (operated by the Department of Mental Health and Addiction Services)

No remediation required.

4. **Personal Care Assistance Waiver**

While DSS has determined that all services currently provided through the PCA waiver comply with the HCB settings requirements, DSS will revise its PCA waiver program regulations to reflect the HCB settings requirements. This will occur by December 31, 2015.

As noted in Section II.A.4, DSS added Adult Family Living to the PCA waiver. For a description of DSS’ remediation and ongoing monitoring strategies for Adult Family Living, please see III.A.1.b above.

5. **Katie Beckett Waiver**

No remediation or ongoing monitoring required.

6. **Summary of Remediation and Monitoring Milestones and Timelines**

The following chart summarizes DSS’ remediation and monitoring activities, including milestones and start and end dates. *Updated Language: Note that some of the dates have been slightly revised from the STP submitted to CMS in order to reflect the actual start date and/or a new end date.*

<table>
<thead>
<tr>
<th>Remediation or Monitoring Activity</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incorporate assessment of compliance with the HCB settings requirements into DSS’ ongoing audits of Assisted Living providers.</td>
<td>7/1/14</td>
<td>N/A (Ongoing as part of the audits)</td>
</tr>
<tr>
<td>Incorporate evaluation of compliance with the HCB settings requirements into care manager’s home visits to Adult Family Living and initial assessment and ongoing home visits for participants in Residential Care Homes.</td>
<td>7/1/14</td>
<td>N/A (Ongoing as part of home visits)</td>
</tr>
<tr>
<td>Meet with Adult Family Living providers and emphasize the importance of compliance with HCB settings requirements.</td>
<td>10/15/14</td>
<td>12/31/14</td>
</tr>
<tr>
<td>Remediation or Monitoring Activity</td>
<td>Start Date</td>
<td>End Date</td>
</tr>
<tr>
<td>-----------------------------------</td>
<td>------------</td>
<td>----------</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Follow up with Adult Day Health center that received a score below a four on a statement on the Adult Day Health survey to work with them on a quality improvement plan. <em>(The second Adult Day Health center with a score below a four was closed September 30, 2015.)</em></td>
<td>11/1/14</td>
<td>12/31/15</td>
</tr>
<tr>
<td>Work with the ADC association to include language in the ADC’s certification standards for Adult Day Health providers that reflects the HCB settings requirements.</td>
<td>11/1/14</td>
<td><strong>Updated Language:</strong> 1/1/16</td>
</tr>
<tr>
<td>Conduct training for the RCH association.</td>
<td>11/19/14</td>
<td>11/19/14</td>
</tr>
<tr>
<td>Participate in a stakeholder group to advance housing solutions in the state and assist housing providers with compliance with the HCB settings rule.</td>
<td>6/1/14</td>
<td>3/1/15</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Work with DPH to update regulatory documents for RCHs to assure compliance with the HCB settings requirements.</td>
<td>12/10/15</td>
<td>6/30/18</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Award grant to and execute contract with RCHs that are affiliated with nursing facilities to help them comply with the HCB settings requirements.</td>
<td>12/31/15</td>
<td>12/31/15</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Engage LeadingAge Connecticut in provider outreach.</td>
<td>11/17/15</td>
<td>N/A (Ongoing)</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Notify RCHs of issues identified during site-specific assessment.</td>
<td>5/20/16</td>
<td>6/13/16</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> RCHs submit strategies (CAPs) to DSS to address issues identified during site reviews.</td>
<td>7/22/16</td>
<td>8/16/16</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> DSS responds to/approves RCH strategies (CAPs) for addressing identified issues.</td>
<td>9/20/16</td>
<td>10/13/16</td>
</tr>
<tr>
<td>If necessary, transition participants residing in a non-compliant RCH to a compliant setting</td>
<td>4/1/15</td>
<td><strong>Updated Language:</strong> 3/31/18</td>
</tr>
<tr>
<td>Follow up with any Prevocational Services providers that received a score below a four on one or more statements on the Prevocational Services survey.</td>
<td>3/1/15</td>
<td>8/31/15</td>
</tr>
<tr>
<td>Incorporate evaluation of compliance with the HCB settings requirements into social worker’s initial assessment and ongoing home visits to ABI provider-owned/controlled homes.</td>
<td>1/1/15</td>
<td>N/A (Ongoing)</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Notify ABI homes of owned/controlled homes of issues identified during site-specific assessment.</td>
<td>2/22/16</td>
<td>3/12/16</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> ABI homes submit strategies (CAPs) to DSS to address issues identified during site reviews.</td>
<td>4/22/16</td>
<td>5/17/16</td>
</tr>
<tr>
<td>Remediation or Monitoring Activity</td>
<td>Start Date</td>
<td>End Date</td>
</tr>
<tr>
<td>---------------------------------------------------------------------------------------------------</td>
<td>------------</td>
<td>-----------</td>
</tr>
<tr>
<td>Updated Language: DSS responds to/approves ABI homes’ strategies (CAPs) for addressing identified issues.</td>
<td>7/17/16</td>
<td>7/12/16</td>
</tr>
<tr>
<td>If necessary, transition participants residing in a non-compliant ABI home to a compliant setting.</td>
<td>4/1/15</td>
<td>Updated Language: 8/31/18</td>
</tr>
<tr>
<td>Updated Language: Revise the Acquired Brain Injury Waiver Program regulations to reflect the HCB settings requirements.</td>
<td>4/1/15</td>
<td>12/31/16</td>
</tr>
<tr>
<td>Updated Language: Revise the Home Care Program for Elders regulations and the Personal Care Assistance Services for Adults regulations to reflect the HCB settings requirements.</td>
<td>12/1/15</td>
<td>6/30/18</td>
</tr>
<tr>
<td>Revise STP based on analysis of survey results, remediation activities, ongoing monitoring, and public comments/feedback.</td>
<td>12/20/14</td>
<td>Updated Language: Ongoing prior to 3/17/19</td>
</tr>
<tr>
<td>Updated Language: Ongoing monitoring to identify and address instances of non-compliance.</td>
<td>1/1/15</td>
<td>N/A (Ongoing)</td>
</tr>
<tr>
<td>Updated Language: Submit to CMS heightened scrutiny evidence for settings that are presumed to be institutional</td>
<td>7/1/16</td>
<td>3/17/19</td>
</tr>
<tr>
<td>An updated assessment tool to include settings related questions is targeted for development by July 1, 2017.</td>
<td>1/1/16</td>
<td>7/01/2017</td>
</tr>
<tr>
<td>The Adult Day Center Association revised standards will be effective January 1, 2016 (p.32)</td>
<td>1/1/15</td>
<td>1/01/2016</td>
</tr>
</tbody>
</table>

**B. DDS Waivers**

DDS reviewed the waiver service definitions, contract language, provider agreements, and waiver service regulations and conducted a survey of providers and participants and family members of waiver participants. Although DDS has completed its assessment of the services and settings for each of its HCBS programs,

DDS has concluded that the services and settings reviewed are compliant with the HCB settings requirements DDS has identified potential remediation and monitoring activities as well as activities to ensure ongoing compliance. These activities are described in more detail below.

Note that since Assisted Living and Adult Day Health are the same as those in the HCBS Waiver for Elders and 1915(i) State Plan HCBS Option, DSS’ remediation and ongoing monitoring of these services (see Sections III.A.1.a (Assisted Living) and III.A.1.c (Adult Day Health)) applies to DDS’ waivers. DDS will collaborate with DSS in the implementation of remediation and ongoing monitoring activities for these services.
1. **Comprehensive Waiver**

As noted in Section II.B.1, DDS identified three residential based services in the Comprehensive Waiver that required further review to assure compliance with the new HCB settings requirements and three employment or day support services that required further review to assure compliance with the new HCB settings requirements.

a. **Residential Habilitation: Community Living Arrangements and Community Companion Homes**

*Updated Language:* DDS has concluded that Community Living Arrangements and Community Companion Homes have a compliance level of 80% based on initial provider assessment regarding the HCB settings requirements (as referenced in Section II.B.1.a above).

DDS developed a web-based data application to support quality assurance/improvement functions through a CMS Systems Change Grant awarded in 2003. The Quality Service Review (QSR) data application, is used to automate information from quality monitoring visits conducted by case management and quality review staff. The application records findings resulting from ongoing provider performance reviews, notifies providers and key DDS staff of needed corrective actions, and tracks follow-up on corrective action plans created automatically or by the reviewer. The application produces administrative and analytic reports used to track quality monitoring activities and identify data trends for remediation at the consumer, provider, regional, and state levels.

As we currently do using our HCBS Quality Oversight committee structure, DDS will develop HCB settings requirement improvement plans, implement and track HCB settings requirements improvement plans and improvement activities, will assess the effectiveness of specific activities against desired performance improvement benchmarks, and will adjust plans as needed. The DDS Quality Oversight Committee Structure is detailed in our current 1915(c) Waiver Applications, and supports our Waiver Assurance Monitoring, Remediation and Reporting activities. Current activities are tracked in the QI Task Group Action Plan and the Systems Design Work Plan documents. Tracking of QI activities relating to the HCB settings requirements will be consolidated. Provider-level improvement requirements will be managed at the Regional Level through the Quality Review oversight process and the use of the Continuous Quality Improvement Planning Process, and larger system-wide improvement activities will be managed centrally by the Waiver Assurance Committee, who will report findings and outcomes to the System Design Team. System Design will assess the effectiveness of the system-wide improvement activities and will make recommendations for any additional remediation or improvements needed to the Deputy Commissioner and Commissioner.

DDS will strengthen the language in its program regulations to specifically reflect the HCB settings requirements regarding leasing or legally binding document and all HCB setting requirements by June 30, 2018. By June 15, 2016 DDS will develop a policy regarding dignity of risk that promotes informed choice as well as an overarching policy on HCB setting requirements that takes precedence over all other policies and procedures.
By June 30, 2015 DDS will review the Quality System (quality service reviews) to ensure compliance with HCB setting requirements. This will also include ongoing monitoring for compliance. DDS quality management staff and case management staff complete reviews, called quality service reviews, of residential and non-residential settings where participants are supported. DDS reviews a representative sample of all waiver participants using the guidelines from CMS for reliability and validity. The review process includes interviews with HCBS participants, the staff who support the participants, onsite observations, and record and documentation reviews. Non-compliance is identified and remediated within the quality service review application, and data is aggregated in an electronic recording system. DDS meets with each provider annually to review performance against statewide benchmarks that includes areas of non-compliance, and providers develop a continuous quality improvement plan to address systemic improvements.

DDS will also conduct a structured review of current policies, procedures and contracts and identify changes needed or areas to strengthen language regarding compliance with the HCB settings requirements and develop a strategy going forward by June 30, 2015. Updated Language: Starting January 15, 2015, as part of ongoing education, participants, family members, qualified providers, DDS case managers, and DDS staff received training on the final rule. DDS has developed numerous fact sheets for participants, families, providers and staff, and these were widely distributed, and continue to be available. Updated Language: Self-advocates in collaboration with DDS and other stakeholders developed a public service announcement, which was rolled-out statewide on April 1, 2015. The PSA can be viewed here: http://www.ct.gov/dds/cwp/view.asp?a=3589&q=563806.

Updated Language: DDS current waiver and future participants are directly asked and will continue to be asked by their DDS Case manager during the annual Individual Plan process if they would like to relocate or receive different services. DDS current waiver and future participants also can relocate by choosing to exercise Portability of their funding for any reason and at any time. The DDS Portability Procedure: I.G.PR.001 issued in September 10, 2001 (revised 2011) empowers participants to direct their futures; have control over how they live their lives, where, and with whom; and have authority over the resources that support them. This has been and will continue to be a key component of the DDS Person Centered Planning process since 2004.

b. Continuous Residential Supports

Updated Language: DDS has concluded that Continuous Residential Services (CRS) has a compliance level of 87% based on initial provider assessment regarding the HCB settings requirements. DDS will implement remediation and monitoring activities to ensure ongoing compliance. These activities will be the same as the activities described for CLA/CCH (referenced in Section II.B.1.b), except the language in program regulations will not require a lease or other legally binding document, since CRS already has that requirement and has met 100%.

c. Prevocational Services

Although DDS has concluded that Prevocational Services complies with the HCB settings requirements, DDS will implement remediation and monitoring activities to ensure ongoing
compliance. These activities will be the same as the activities described for CLA/CCH (see Section II.B.1.a above), except the language in program regulations will not require a lease or other legally binding document, since that requirement is not applicable to Prevocational Services.

d. Group Supported Employment

Although DDS has concluded that Group Supported Employment complies with the HCB settings requirements, DDS will implement remediation and monitoring activities to ensure ongoing compliance. These activities will be the same as the activities described for CLA/CCH (see Section II.B.1.a above), except the language in program regulations will not require a lease or other legally binding document, since that requirement is not applicable to Group Supported Employment.

e. Group Day Support Options

Although DDS has concluded that Group Day Support Options complies with the HCB settings requirements, DDS will implement remediation and monitoring activities to ensure ongoing compliance. These activities will be the same as the activities described for CLA/CCH (see Section II.B.1.a above), except the language in program regulations will not require a lease or other legally binding document, since that requirement is not applicable to Group Day Support Options.

2. Individual and Family Support Waiver

As noted in Section II.B.2, DDS determined that two settings and three services in the Individual and Family Support Waiver required further review to assure compliance with the new HCB settings requirements.

a. Community Companion Homes

The Community Companion Homes (CCH) service covered in the Individual and Family Support Waiver is the same as CCH in the Comprehensive Waiver. Thus, the remediation and monitoring activities for CCH for the Comprehensive Waiver apply to CCH in the Individual and Family Support Waiver. Please see Section III.B.1.a for DDS’ remediation and monitoring activities for CCH.

b. Continuous Residential Supports

The Continuous Residential Supports (CRS) service covered in the Individual and Family Support Waiver is the same as CRS in the Comprehensive Waiver. Thus, the remediation and monitoring activities for CRS for the Comprehensive Waiver apply to CRS in the Individual and Family Support Waiver. Please see Section III.B.1.b for DDS’ remediation and monitoring activities for CRS.

c. Prevocational Services

Prevocational Services covered in the Individual and Family Support Waiver is the same as Prevocational Services in the Comprehensive Waiver. Thus, the remediation and monitoring activities for Prevocational Services for the Comprehensive Waiver apply to Prevocational
Services in the Individual and Family Support Waiver. Please see Section III.B.1.c for DDS’ remediation and monitoring activities for Prevocational Services.

d. Group Supported Employment

The Group Supported Employment service covered in the Individual and Family Support Waiver is the same as Group Supported Employment in the Comprehensive Waiver. Thus, the remediation and monitoring activities for Group Supported Employment for the Comprehensive Waiver apply to Group Supported Employment in the Individual and Family Support Waiver. Please see Section III.B.1.d for DDS’ remediation and monitoring activities for Group Supported Employment.

e. Group Day Support Options

Group Day Support Options covered in the Individual and Family Support Waiver is the same as Group Day Support Options in the Comprehensive Waiver. Thus, the remediation and monitoring activities for Group Day Support Options for the Comprehensive Waiver apply to Group Day Support Options in the Individual and Family Support Waiver. Please see Section III.B.1.e for DDS’ remediation and monitoring activities for Group Day Support Options.

3. Employment and Day Supports Waiver

As noted in Section II.B.3, DDS identified two services in the Employment and Day Supports Waiver that required further review to assure compliance with the new HCB settings requirements.

a. Group Supported Employment

The Group Supported Employment service covered in the Employment and Day Supports Waiver is the same as Group Supported Employment in the Comprehensive Waiver. Thus, the remediation and monitoring activities for Group Supported Employment for the Employment and Day Supports Waiver apply to Group Supported Employment in the Individual and Family Support Waiver. Please see Section III.B.1.d for DDS’ remediation and monitoring activities for Group Supported Employment.

b. Group Day Support Options

Group Day Support Options covered in the Employment and Day Supports Waiver is the same as Group Day Support Options in the Comprehensive Waiver. Thus, the remediation and monitoring activities for Group Supported Employment for the Employment and Day Supports Waiver apply to Group Day Support Options in the Individual and Family Support Waiver. Please see Section III.B.1.e for DDS’ remediation and monitoring activities for Group Day Support Options.

4. Home and Community Supports Waiver for Persons with Autism

a. Community Companion Homes

The Community Companion Homes (CCH) service covered in the Home and Community Supports Waiver for Persons with Autism is the same as CCH in the Comprehensive Waiver.
Thus, the remediation and monitoring activities for CCH for the Comprehensive Waiver apply to CCH in the Home and Community Supports Waiver for Persons with Autism. Please see Section III.B.1.a for DDS’ remediation and monitoring activities for CCH.

5. **Early Childhood Autism Waiver**

No remediation or ongoing monitoring required.

6. **Summary of Remediation and Monitoring Milestones and Timelines**

The following chart summarizes DDS’ remediation activities, including milestones and start and end dates.

<table>
<thead>
<tr>
<th>Remediation or Monitoring Activity</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Updated Language:</strong> DSS to draft and promulgate regulations for approval of the DDS operated HCBS waivers to reflect the HCB settings requirements.</td>
<td>11/17/14</td>
<td>6/30/18</td>
</tr>
<tr>
<td>Dignity of risk policy (risk mitigation). Develop policy that enables informed choice of participant.</td>
<td>11/1/14</td>
<td>[Updated Language: 6/15/16]</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Draft guidance that requires provider owned or controlled residences to ensure residents rights are protected by a lease or comparable legally binding agreement.</td>
<td>1/1/16</td>
<td>12/31/16</td>
</tr>
<tr>
<td><strong>Updated Language:</strong> Create a lease template that can be used by waiver participants living in provider owned or controlled residential settings and meets the requirements of the new CMS HCBS rules.</td>
<td>1/1/16</td>
<td>12/31/16</td>
</tr>
<tr>
<td>Review of Quality System (quality service reviews) to ensure compliance with HCB settings requirements.</td>
<td>9/1/14</td>
<td>6/30/15</td>
</tr>
<tr>
<td>Work with providers regarding ongoing monitoring and compliance. Monitor compliance and address instances of non-compliance. Using the Continuous Improvement Plan and Enhanced Monitoring Procedure. DDS plan is to incorporate this process into the annual Quality Provider meetings.</td>
<td>7/31/2016</td>
<td>Ongoing prior to 3/17/19</td>
</tr>
<tr>
<td>Policy, procedure and contract review. Structured review of P&amp;Ps to identify scope of changes needed and develop go forward strategy.</td>
<td>2/1/15</td>
<td>6/30/15</td>
</tr>
<tr>
<td><strong>Through the assessment process DDS will review provider owned and operated campus settings and large single site congregate housing where DDS participants may reside. If Heightened scrutiny is determined to be necessary DDS will submit evidence to CMS.</strong></td>
<td>8/1/16</td>
<td>7/31/17</td>
</tr>
<tr>
<td>Provider training. Training on HCB settings requirements for providers.</td>
<td>11/1/14</td>
<td>4/1/15</td>
</tr>
</tbody>
</table>
Prior to the release of the HCB settings rule in January 2014 DDS had embarked on a journey that continues to incorporate many activities and initiatives that reinforce the HCB settings rule. In 2011 DDS instituted a “People and Families First” focus for DDS. The first step in the process was the development of a new Five Year Plan that outlined the future of DDS by defining our 25 goals for the future incorporating the focus of “People and Families First.” The next step was the development of a new Mission and Vision statement released in 2012 that challenged DDS and the citizens of Connecticut to not only accept the presence of the people we support in Connecticut’s communities but to “promote opportunities for individuals to fully participate as valued members of their communities.” Through the development of the Five Year Plan a practice of full stakeholder involvement was adopted. This practice has been fully implemented and is evidenced in the new endeavors DDS has focused on, such as applying for and receiving

<table>
<thead>
<tr>
<th>Training Activity</th>
<th>Date</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-advocate training. Training on HCB settings requirements for self-advocacy</td>
<td>11/14</td>
<td>Ongoing</td>
</tr>
<tr>
<td>community and development of PSA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Case management training. Training on HCB settings requirements for case managers.</td>
<td>11/14</td>
<td>Updated Language:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ongoing</td>
</tr>
<tr>
<td>DDS staff training. Training on HCB settings requirements for all DDS staff.</td>
<td>11/14</td>
<td>Updated Language:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ongoing</td>
</tr>
<tr>
<td>Family training. Training on HCB settings requirements for families</td>
<td>11/14</td>
<td>Updated Language:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ongoing</td>
</tr>
</tbody>
</table>

Conduct ongoing verification of Provider Self-Assessments of CLA, CCH, and CRS settings using existing Quality Assessment methodologies detailed in the DDS 1915 (c) Waiver Applications on an ongoing basis, and will complete the verification process by July 31, 2016.

Starting January 15, 2015, as part of ongoing education, participants, family members, qualified providers, DDS case managers, and DDS staff received training on the final rule.

Updated Language: Self-advocates in collaboration with DDS and other stakeholders developed a public service announcement, which was rolled-out statewide on April 1, 2015.
the Community of Practice grant and in the development of the current Mentor Project. These are a few of the initiatives that DDS believes have helped ready individuals and families, our staff, providers and the greater stakeholder community to embrace the HCB setting requirements as an opportunity to ensure that DDS is fully in compliance in all current and development of future services under the HCBS waiver system._UPDATED LANGUAGE: DDS continues to use opportunities to provide individuals, families, providers and staff opportunities to understand the HCB settings requirements.

IV. PUBLIC INPUT PROCESS

The State sought input from the public on the State’s draft STP (statewide and HCBS program-specific) and provided a 30-day period for input. The State also conducted tribal notification in accordance with State plan requirements.

Notice regarding the draft STP posted in July of 2014 was published in the Connecticut Law Journal and the State’s website, and the State provided a 30-day comment period for each. The draft STP was posted on the State’s website from July 23, 2014 through August 25, 2014. Comments could be submitted by email, mail, or fax.

The State had a public hearing on October 22 on both the amendments to the DSS waivers and the draft STP. The State did not receive any comments at the hearing on the draft STP.

In addition, since the State made substantive changes to the draft STP, it sought public input on a draft STP. The draft STP was posted on the State’s website from November 10 with a request for comments by December 15, 2014. Comments could be submitted by email, mail, or fax.

The State assures that the STP, with modifications from the draft STP posted in November of 2014, will be posted for public information no later than the date of submission to CMS, and that all public comments on the draft STP posted in July of 2014 and the draft STP posted in November will be retained and made available for CMS review for the duration of the transition period or approved waiver, whichever is longer.

The STP can be found at: http://www.ct.gov/dss/cwp/view.asp?Q=548634&A=4125

The State will ensure ongoing transparency and input from stakeholders by posting updates to the STP on its website and accepting comments on any updates.

A. DSS Waivers

1. Summary of Comments

DSS did not receive comments on its draft STP posted in November of 2014. DSS received comments on its draft STP posted in July from four stakeholders – two area agencies on aging, a care management organization, and an advocacy organization. The comments were generally supportive of DSS’ process and of RCHs and Adult Day Health providers. For example, one stakeholder said: “The assessment activity outlined in the plan appears quite comprehensive.” According to another stakeholder, “RCHs and [Adult Day Health services] are vital to our community and the elderly population we serve through our programs.”
Three of the stakeholders provided comments regarding Adult Day Health providers. One stakeholder agreed with DSS’ plan to review State regulations and consult with the ADC association. Another stakeholder noted that “possibly the review of Adult Day Health services will also render some creative solutions designed to support the adult day centers, many of whom struggle financially.” The third stakeholder submitted a testimonial regarding the benefits of Adult Day Health facilities.

Three of the stakeholders had comments regarding RCHs. One stakeholder agreed with the survey process but noted that some of the questions might be covered in residential assessments so it might be possible to shorten the survey. Another stakeholder stated: “We believe the survey process will offer a wonderful opportunity to obtain a comprehensive understanding from both residents and the administrators regarding their perceptions of residential life in the particular facility.” Another commentator submitted a testimonial regarding the benefits of RCHs.

The fourth stakeholder expressed its support for the implementation of the STP to achieve compliance with the CMS final rule.

The comments included the following suggestions:

1. Some of the questions in the RCH survey are covered in resident assessments so it might be possible to shorten the survey.
2. Regarding the stakeholder group to advance housing solutions, DSS should convene multiple regionally based groups “in order to fully consider the very diverse challenges faced throughout the state, most importantly the review of urban versus rural settings.”
3. A sample of Assisted Living residents should complete a survey similar to the RCH survey.
4. The STP should include bringing in consultants from the Connecticut Culture Change Coalition to consult with Adult Day Health providers (and Assisted Living facilities) regarding “how to create a more person-centered environment.”

2. Response to Public Comments

DSS appreciates the comments and suggestions from stakeholders. Regarding suggestion (1) above, while a couple of the questions in the survey are similar to those in the resident assessment, they are asked for a different purpose. For example, the RCH survey asks whether the participant needs help dressing, but the response is not used to determine functional level. Instead, responses will trigger follow up questions related to the HCB settings requirements, such as whether the participant is dressed appropriate to time of day. DSS was sensitive to the length of the surveys but wanted to ensure that the survey was of sufficient in length to collect all relevant information needed to determine compliance with the HCB settings requirements. Regarding suggestion (2), while DSS appreciates the benefits of having regionally based groups, DSS intends to keep it as a statewide group since it includes federal partners such as HUD. Regarding suggestion (3), since DSS has determined that Assisted Living providers comply with the HCB settings requirements, and DSS will monitor compliance on an ongoing basis through DSS’ quality assurance audits, DSS does not believe that a survey of Assisted Living residents is necessary at this time. Regarding suggestion (4), DSS will contact the Connecticut Culture Change Coalition for additional information.
B. DDS Waivers

1. Summary of Comments and Response to Comments

DDS did not receive comments on the draft STP posted in July but received comments on the draft STP posted in November of 2014. DDS appreciates the comments and suggestions from stakeholders.

All comments reference were received via DDS.HCBSTransition@ct.gov email account set up specifically for the HCB Setting Rule Transition activities.

Public Comment #1

Stakeholder comment specific to the make-up of a current survey referenced in the plan that was developed using DDS current self-advocates and NCI documents for Individuals and Families. DDS reviewed the comments and will consider for future surveys. Link to current survey information: http://www.ct.gov/dds/cwp/view.asp?a=2645&Q=556868

Public Comment #2

Specific questions regarding access to the results of the data validation and self-assessment referenced in the plan.

DDS does plan to share the results of the data validation and self-assessment with all stakeholders upon completion of the analysis. DDS will publish results on the DDS website.

Public Comment #3

Stakeholder had not received a factsheet mentioned in the plan.

Originally the factsheet was mailed to case managers to share with individuals and families 5-22-2014. The information was resent 12-16-2014 with additional information to all case managers requesting to share with families. We have also heard feedback from families that they did receive the information. Additionally, DDS in partnership with family advocacy groups provided three information sessions in December 2014. These sessions provided individuals and families an opportunity to ask DDS staff questions. DDS self-advocates have committed to sharing the information with over 60 self-advocacy groups and DDS has reached out to leaders within the Family Support Network and other family groups. Providers have also been very committed in sharing information with the individuals and families they support. DDS will continue to use every avenue possible to make sure individuals and families receive this information.

Public Comment #4

Stakeholder comments that their family member(s) living in a setting that may not be in compliance because their family member does not have a lease (CLA) or that their family member has a lease but the apartment or home is owned by the provider and they are leasing from the provider.
Through the activities of the Transition Work Group DDS has identified that there are providers who currently have strategies in place to protect the residency rights of participants in licensed and provider owned settings. The work group will seek to develop a set of options for assisting providers with complying with this requirement of the HCB setting rule. DDS will continue to engage with individuals and families to ensure their concerns are addressed and that they have input into the implementation of these strategies.

**Public Comment #5**

Stakeholder comment “regarding DDS’ inclusion of a plan to create a “dignity of risk” policy” the stakeholder agrees with the importance of this policy but is concerned that the provider community is included in the development of the policy and that the liability of the provider is taken into consideration.

The plan to create the policy has been discussed in numerous venues but was identified by provider representatives as one of the barriers to implementing the HCB setting rule. DDS is committed to developing a policy that ensures all stakeholders input is solicited and represented.

**Public Comment #6**

Stakeholder comments in regards to unbundling specific service types in CLAs and CRSs that currently has a day rate to ensure “that state services offer individuals choice and a person-centered approach, so that they are truly receiving the services that they want and need.”

DDS will review this comment and concern with the business unit responsible for developing the rate structure and other state agencies responsible for budgetary oversight.

**Public Comment #7**

Stakeholder comments regarding Section II-B that “DDS will utilize its current remediation methodology to ensure compliance,” subsequent sections do not specifically indicate that remediation methodology will be limited to DDS processes already in existence. The stakeholder recommended “that it is specified in each section that remediation methodology will be limited to existing DDS processes for quality and compliance monitoring.”

While DDS believes the current quality oversight processes are sufficient to manage the necessary remediation activities. DDS reserve the right to modify the process as recommended by the Transition Work Group.

**Public Comment #8**

Stakeholder request to incorporate provider wealth of knowledge in the development of any program regulations referenced in Section III-B-1-a (and subsequent matching sections) makes reference to a change in program regulations to “reflect the HCB settings requirements regarding leasing or legally binding document” and in the area outlined in Section III-B-1-a.

DDS is committed to working with all stakeholders to develop program regulations that meet the HCB setting rule.
2. **Additional Outreach & Engagement Activities**

In an effort to further engage stakeholders DDS conducted or is planning to conduct a number of activities. In May 2014 DDS developed a fact sheet for Families, Providers, DDS staff and the public in conjunction with the Transition Work Group. The purpose of the fact sheet was to assist stakeholders in understanding the impacts of the HCB settings requirements, and the transition planning and implementation process.

A self-advocate workgroup was engaged in July of 2014 to identify ways that the advocacy community could support compliance with the HCB settings requirements. As a result of this engagement a participant and family survey was developed to assist in benchmarking compliance. Additional outcomes include a public service announcement (PSA), development of Individual Plan Buddies (participants can request a self-advocate to assist in their planning process), a Healthy Relationships Policy protecting the rights of participants to engage in safe and loving relationships of their choosing, and the identification of the need for a dignity of risk policy. Following this engagement a self-advocate fact sheet was developed to ensure self-advocates have knowledge of HCB settings requirements, can speak on the impacts of requirements to supported participants and families, and can provide critical feedback to the Transition Work Group.

In August 2014 DDS presented at Trades Organization meetings representing the private provider community. Messaging was reinforced by Trades members’ participating on the Transition Work Group. In September 2014 HCB settings requirements were incorporated into new case manager training. A roadshow schedule was developed in November 2014 outlining a series of forums in the various DDS regions so that a cross-section of DDS staff, providers and participants get information in one place, information is consistent and comprehensive, the STP is communicated, roles are defined, and responsibilities are identified.

In November 2014 the Individual and Family Survey was launched and widely distributed. Three public comment forums hosted by family advocacy groups held in December 2014. The purpose is to increase involvement and participation by key stakeholders in planning and developing system change outcomes. Feedback will be reviewed by the Transition Work Group and incorporated into the ongoing plan where applicable.

**V. UPDATED LANGUAGE: HEIGHTENED SCRUTINY**

**A. DSS**

*Settings on the grounds of a nursing home will be considered for potential heightened scrutiny. DSS is confident that all other provider settings meet applicable requirements of 42 CFR 441.301(c)(4) and do not meet the criteria in 42 CFR 441.301(c)(5) (settings that are not Home and Community-Based). The settings that are on the grounds of a nursing home will be initially identified based upon survey responses (see Section II.A for details regarding provider surveys):*

The following criteria will apply to each of the relevant DSS provider settings:

- *RCH provider settings – settings in the survey with a score of less than 3.00 for the question “Is the setting on the grounds of or adjacent to a nursing home?”*
• ABI provider settings – a response of “yes” to the question “Is the [home] on the grounds of or adjacent to, a nursing home?”
• ADH provider settings – identified by DSS staff as being on the grounds of or adjacent to a nursing home.

The heightened scrutiny review will be incorporated into the site-specific assessment process. The timeframes for the site-specific assessments are included in Section II.A. Additionally, targeted questions will be added to the standardized assessment tool appropriate to provide sufficient evidence that the setting has HCB qualities and does not have the qualities of an institution.

Provider settings ultimately determined to have HCB qualities and not be institutional in nature, along with sufficient evidence, will be submitted to CMS for heightened scrutiny review following a public comment review period. If CMS determines a setting is not an appropriate HCB setting, participants will be notified of the need to select an alternate provider and case managers will assist in finding appropriate placement (see Sections III.A and III.B for relocation processes).

B. DDS

DDS does not have any settings on the grounds of a nursing home or an institution.

Through the assessment process DDS will review provider owned and operated campus settings and large single site congregate housing where DDS participants may reside.

The heightened scrutiny review will be incorporated into the site-specific assessment process. The timeframes for the site-specific assessments are included in Section II.B. Additionally, targeted questions will be added to QSR tool to provide sufficient evidence that the setting has HCB qualities and does not have the qualities of an institution.

Provider settings ultimately determined to have HCB qualities and not be institutional in nature, along with sufficient evidence, will be submitted to CMS for heightened scrutiny review following a public comment review period. If CMS determines a setting is not an appropriate HCB setting, participants will be notified of the need to select an alternate compliant setting and case managers will assist in finding appropriate placement (see Section III.B for relocation process).

VI. UPDATED LANGUAGE: CMS’ INITIAL COMMENTS ON STP

CMS completed its initial review of Connecticut’s statewide transition plan (STP) and submitted comments on the plan dated September 4, 2015. The following is our response to the identified CMS issues.

Settings:

Connecticut needs to include all settings that are covered by its waivers in the STP.

Connecticut Response: Sections II.A and B have been updated to include all relevant settings.

Systemic Assessment:
Although Connecticut’s STP reports on a systemic assessment conducted by both the Department of Social Services (DSS) and the Department of Developmental Services (DDS), and includes work plans describing each Department’s activities, it does not provide any detailed regulatory citations. The state does not identify the specific state regulations that were analyzed; the specific aspect of each regulation found to comply, not comply or be silent; or the changes that must be made to each regulation to bring it into compliance. The state should create a crosswalk of each of the state regulations with each relevant portion of the federal regulation and include this information in the STP to support the state’s assessment.

- In reporting the outcomes of its systemic assessment, Connecticut describes the settings as “substantially compliant,” but does not define this term or describe the assessment criteria that were used to make that determination. Connecticut should clarify what this term means and how it determined if settings are compliant.

- Connecticut has not included a complete listing of the estimated number of settings that comply, may comply with changes, cannot comply or are presumed to be institutional in nature. The state has only identified two Adult Day Health programs that may not comply and asserts that some of the Residential Care Homes (RCH) that have not yet been assessed and also may not comply. Connecticut should update the STP to include a report of the outcomes of its assessments with estimates of the number of sites for each of the different compliance categories.

**Connecticut Response:** New Sections II.A.6 and II.B.6 and Attachment A have been included to reflect the DSS and DDS the outcome of the systemic assessments.

DDS has removed the substantially compliant language and provided a summary of data and plans for verification.

All site-specific assessments have not yet been completed. Only after this time will we have a comprehensive understanding of the estimated number of settings that comply, may comply with changes, cannot comply or are presumed to be institutional in nature. We will update the STP to include this information upon completion of all site-specific assessments.

The STP has been updated in Sections II.A and II.B to include the outcome of provider survey assessments.

**Site-Specific Assessment:**

- Connecticut has completed its site-specific assessments for all settings except the Residential Care Homes and the Acquired Brain Injury provider-owned/controlled homes, but the number of sites are not estimated and the outcomes are not reported by setting. The full scope of the assessments to date is hard to determine. Connecticut should provide additional detail on its site-specific assessments as part of the STP. In particular, it is unclear whether there will be additional assessments of the Community Living Arrangements, Community Companion Homes and the Adult Day Health Centers.

- DSS and DDS reported in the STP that they are either reviewing, or are in the process of validating, the results of the state’s assessment of its settings, but do not describe in detail how they will validate the survey results. DDS intends to use the results of the
National Core Indicator (NCI) surveys completed by participants, but does not explain how the results can be linked to the specific sites where services were delivered. Connecticut should include details in the STP on the validation process and describe how it is able to use the NCI survey to report on specific sites.

Connecticut Response: All site-specific assessments have not yet been completed. The STP has been updated in Sections II.A and II.B to note the timeframes for additional site-specific assessments for RCHs, Prevocational Services, and ABI homes for the DDS HCBS programs and Community Living Arrangements (CLA), Community Companion Homes (CCH), Continuous Residential Supports (CRS), Prevocational Supports, Group Supported Employment, and Group Day Support Options for the DDS waivers.

Sections II.A and II.B have been updated to reflect the results of DSS’ provider survey assessments, including linkages among surveys.

Monitoring and Oversight:

Connecticut’s STP includes a description of the monitoring process, but it lacks milestones or a schedule of ongoing activities. The state should clarify in the STP how it will monitor progress through its existing processes and quality monitoring systems to ensure ongoing compliance with the home and community-based settings requirements. DDS also reports that it is forming a Transition Work Group to provide support for the Department, but the exact role and composition are not described in the STP. It is also unclear if the group is a statewide body, covering all of the waivers as opposed to only those administered by DDS. CMS requests that Connecticut describe these activities in greater detail and describe how they will be coordinated across the Departments for shared settings.

Connecticut Response: We believe that the STP provided considerable detail regarding monitoring activities and timeframes in Sections III.A and III.B, including the Remediation or Monitoring Activities charts. We have updated these sections and charts to provide additional detail regarding monitoring and oversight activities and timeframes.

The Stakeholder Transition Work Group is a statewide body providing guidance on DDS programs and provider settings. The Stakeholders are DDS representatives from different working units, case management, quality, fiscal, audit, program specific personnel, resource management, medical, self-advocates, family members, providers representing trade organization. Their role is not to monitor the DDS compliance it is to act as ambassadors and in an advisory capacity.

Remediation:

- The STP provides only a general statement of intent with regard to remediation and does not provide details of the regulatory changes, milestones or clear timeframes for its remediation activities. The DSS and DDS’ schedules of remediation and monitoring activities include general changes to the state’s waivers and regulations, including the Department of Public Health’s regulations for the RCHs, which is scheduled to occur
between June 30, 2015 and December 31, 2015. DDS also states that it intends to draft an overall policy to address the home and community-based settings requirements as well as dignity of risk and informed choice policies for their participants, although these were not identified as problems in the current policies. Connecticut’s revised STP should provide information to address the following issues with regard to its remediation activities, milestones and timeframes:

- Connecticut did not estimate the number of sites needing remediation with the exception of the two Adult Day Health sites mentioned earlier and the general suggestion that some RCHs will require remediation. The assessment of the Acquired Brain Injury Waiver provider-owned and controlled homes is still outstanding as well.
- In addition, remediation of the RCHs is scheduled for a year from April 1, 2015 to March 31, 2016, but there are no interim milestones.
- In the case of the Acquired Brain Injury Waiver homes, a three month period was scheduled for all three compliance activities, assessment, remediation and relocation. This timeline doesn’t appear sufficient for all activities.
- Additionally, some of the changes aren’t scheduled to be clearly completed by March 2019.
- CMS is also concerned that the timeframe for remediation is too short, especially if there is a delay in the outstanding assessments mentioned above. Additional details on remediation should be included in the STP once the assessments of all of Connecticut’s settings are concluded. The details of changes to regulations, licensing requirements, and policies as well as the specific milestones should be included in the STP for both DDS and DSS.

**Connecticut Response:** The total number of sites requiring remediation will not be available until after the site-specific assessments are completed. Once the site-specific assessments are completed, we will update the STP to include this information.

We have added additional detail to Sections III.A and III.B regarding remediation and monitoring details and timeframes. We have made corresponding changes to the timeframes and activities in the Remediation or Monitoring Activities charts in these sections to provide greater detail.

**Relocation of Beneficiaries:**

- Connecticut did not estimate the number of beneficiaries that may need to be relocated in the STP. Please provide this information.
- Connecticut’s STP states that it will only take six months to relocate residents, but a year is scheduled for the activity in the table on Remediation and Monitoring Activities. CMS is concerned that the timeframe for relocation is too short, especially if there is a delay in the assessment information. Additional details on relocation should be included in the STP once the assessments of all of Connecticut’s settings are concluded. The details should describe how individuals will be given adequate time and due process, the information and support they will need to make informed choices about alternate settings, and the assurance that all the services and supports they need will be in place at the time of relocation.
In the case of the Acquired Brain Injury Waiver homes, a three month period was scheduled for all three compliance activities, assessment, remediation and relocation, as noted above, and no detailed milestones or timeframes were provided for the relocation process. Please provide this information and describe how all relocation activities can be accomplished in this timeframe.

**Connecticut Response:** All site-assessments are not yet completed. We will not be able to estimate the number of beneficiaries that may need to be relocated until all site-assessments are completed. Once this occurs, we will update the STP to include this information.

We have added additional detail to Sections III.A and III.B regarding relocation and monitoring details and timeframes. We have made corresponding changes to the timeframes and activities in the Remediation and Monitoring Activities chart in these sections to provide greater detail.

We have modified Sections III.A and III.B to provide additional steps and a longer timeframe for completion of relocation.

**Heightened Scrutiny:**

Connecticut should clearly lay out its process and timeframes for identifying settings that are presumed to be institutional in nature. These are settings for which the state must submit information for the heightened scrutiny process if the state determines, through its assessments, that these settings do have qualities that are home and community-based and do not have the qualities of an institution. If the state determines it will not submit information on settings meeting the scenarios described in the regulation, the presumption will stand and the state must describe the process for informing and transitioning the individuals involved either to compliant settings or settings not funded by Medicaid HCBS.

Settings presumed to be institutional include the following:

- Settings located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment;
- Settings in a building on the grounds of, or immediately adjacent to, a public institution;
- Any other setting that has the effect of isolating individuals receiving Medicaid HCBS.

**Connecticut Response:** We have added a new Section V that addresses heightened scrutiny.
As referenced in the statewide transition plan (STP), this appendix documents DSS’ systemic assessment comparing the requirements in 42 CFR 441.301 regarding HCB settings with each of the operating guidelines applicable to DSS’ HCBS programs. The following are the operating guidelines reviewed for the systemic assessment:

2. Personal Care Assistance (PCA) Services for Adults regulations [http://eregulations.ct.gov/eRegsPortal/Browse/RCSA?id=Title%2017b|17b-262|17b-262-587|17b-262-587](http://eregulations.ct.gov/eRegsPortal/Browse/RCSA?id=Title%2017b|17b-262|17b-262-587|17b-262-587);
3. Home Care Program for Elders (HCPE) regulations [http://eregulations.ct.gov/eRegsPortal/Browse/RCSA?id=Title 17b|17b-342|17b-342-1|17b-342-1](http://eregulations.ct.gov/eRegsPortal/Browse/RCSA?id=Title 17b|17b-342|17b-342-1|17b-342-1);
4. Residential Care Home (RCH) licensing regulations [http://eregulations.ct.gov/eRegsPortal/Browse/RCSA?id=Title 19|19-13-D|19-13-d6|19-13-d6]; and
5. Standards for Adult Day Care Centers (ADC).

In general, the operating guidelines are either silent or do not directly address specific HCB settings requirements from 42 CFR 411.301. As noted in the STP, DSS has drafted ABI waiver program regulations that include language to address the HCB settings requirements. This language, referred to herein as the “template section,” will be used as the basis for modifying the PCA and HCPE regulations. DSS also proposes to use this language as the basis for modifying the RCH licensing regulations. However, these regulations are under the authority of Department of Public Health (DPH); therefore DPH will make the final decision regarding any changes (see Section III.A.1.d of the STP for details regarding DSS and DPH collaboration).

As noted in the STP, DSS has worked with the ADC association to revise the standards for Adult Day Health providers to reflect the HCB settings requirements. While these standards reflect key HCB settings requirements, all of the HCB settings requirements will apply to Adult Day Health providers through the revised DSS program regulations. Similarly, upon review the State does not propose to make changes to the Assisted Living Service Agencies (ALSA) licensing regulations, but the HCB settings requirements in the DSS program regulations will apply to Assisted Living providers.

Connecticut plans to include the following “template section” in its ABI, HCPE, and PCA regulations as well as the RCH licensing regulations to bring the State into compliance with all applicable federal requirements. The citations in the “Regulation/Standard Additions” column of the systemic assessment chart below reference the relevant “template section” and indicate that the State plans to add the corresponding language to the respective operating guideline to meet the applicable requirement in 42 CFR 411.301.
For example, the federal requirement that the “setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community including opportunities to seek employment and work in competitive integrated settings” is not addressed in Connecticut’s HCPE regulation, as noted in the “State Regulation/Standard” column in the table below. The existing HCPE regulation will be modified to include language from (a)(1)(A) from the “template section,” in addition to other areas identified in the “Regulation/Standard Additions” column.

“(a) Prior to an individual accessing any services under the HCPE program, the department shall assess each home and community-based setting utilized in the service plan to determine whether such setting complies with 42 CFR 441.301(c)(4)-(5), as amended from time to time. Such assessment shall be conducted through the person-centered assessment process. In particular, the setting shall:

(1) Be integrated in and support full access to the greater community, including opportunities to:
   (A) Seek employment and work in competitive integrated settings

Template Section
(a) Prior to an individual accessing any services under the [HCBS] program, the department shall assess each home and community-based setting utilized in the service plan to determine whether such setting complies with 42 CFR 441.301(c)(4)-(5), as amended from time to time. Such assessment shall be conducted through the person-centered assessment process. In particular, the setting shall:

(1) Be integrated in and support full access to the greater community, including opportunities to:
   (A) Seek employment and work in competitive integrated settings;
   (B) Engage in community life;
   (C) Control personal resources; and
   (D) Receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.
(2) Be selected by the individual:
   (A) From among setting options including non-disability specific settings and an option for a private unit in a residential setting; and
   (B) Identified and documented in the person-centered service plan and based on the individual’s needs, preferences, and, for residential settings, resources for room and board.
(3) Ensure individual rights of privacy, dignity, and respect, and freedom from coercion and restraint.
(4) Optimize autonomy and independence in making life choices, including daily activities, physical environment, and with whom to interact.
(5) Facilitate choice regarding services and supports and who provides them.

(b) In addition to meeting the requirements of subsection (a) of this section, and subject to the modifications permitted in subsection (c) of this section, all provider-owned or controlled residential settings shall meet the following requirements:
(1) The individual has a lease or other legally enforceable agreement providing similar protections.
(2) The individual has privacy in their unit, including lockable doors, choice of roommates, and has freedom to furnish or decorate the unit.
(3) The individual controls their own schedule, including access to food at any time.
(4) The individual can have visitors at any time.
(5) The setting is physically accessible.

(c) Any modification to the requirements of subsection (b) of this section shall be consistent with 42 CFR 441.301(c)(4)(vi)(F), and be supported by a specific assessed need and justified in the person-centered service plan.

(d) If, upon initial assessment, or any time thereafter, the department determines that a setting does not comply with 42 CFR 441.301(c)(4)-(5), the department shall inform the individual of alternative settings that would comply with these requirements. If the individual elects to remain in, or receive services at, a setting that does not meet these requirements, and the provider has not demonstrated compliance with the Department's corrective action plan for meeting such requirements, the individual shall not receive services under the ABI waiver program.

(e) The department shall assess compliance with 42 CFR 441.301(c)(4)-(5) as part of its process for credentialing and re-credentialing providers.

(f) Services shall not be performed at any setting listed in 42 CFR 441.301(c)(5), including a NF, institution for mental diseases, ICF/IID, hospital, or any other location that has qualities of an institutional setting.
§ 441.301 Contents of request for a waiver.

(4) Home and Community-Based Settings. Home and community-based settings must have all of the following qualities, and such other qualities as the Secretary determines to be appropriate, based on the needs of the individual as indicated in their person-centered service plan.

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<tr>
<td><strong>Seek employment and work in competitive integrated settings;</strong></td>
<td>1. (ABI) Sec. 17b-260a-5 (b) Covered services: (7) Prevocational Services are services designed to prepare an individual with employment-related goals for paid or unpaid employment, by providing learning and work experiences through which the individual can develop strengths and skills that contribute to employability in integrated settings. (8) Supported Employment Services are ongoing supportive services provided to an individual who, because of their disability, needs intensive support to obtain and maintain employment at or above minimum wage and meets personal and career goals.</td>
<td>(a)(1)(A) of the “template section” above</td>
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<td>2. (PCA) Requirement not addressed.</td>
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<td>3. (HCPE) Requirement not addressed.</td>
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<td>4. (RCH) Requirement not addressed.</td>
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<td></td>
<td>5. (ADC) Requirement not addressed.</td>
<td>(a)(1)(A) of the “template section” above added to the ABI and HCPE regulations</td>
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<td><strong>Engage in community life</strong></td>
<td>1. (ABI) Sec. 17b-60a-4(d)(6) Programmatic requirements for eligibility are as follows: Wish to live in the community by utilizing ABI waiver services.</td>
<td>(a)(1)(B) of the “template section” above</td>
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<td>Sec. 17b-260a-5(b)(1) Covered services: ABI Group Day Habilitation Services are services and supports that foster the development, improvement or retention of skills and abilities necessary for an individual to maintain health and wellness, self-care, prepare an individual for work or community participation, or support meaningful socialization and leisure activities.</td>
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<td>Sec. 17b-260a-5(b)(2)(B) Covered services: (B) promotion of participation in activities that may increase the individual’s independence, inclusion in the community and life satisfaction.</td>
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<td>2. (PCA) Sec. 17b-262-593(a)(1) Services covered are: (1) personal care assistance services provided in accordance with a personal care services plan which enable the consumer to carry out activities of daily living and instrumental activities of daily living in a community living arrangement.</td>
<td>(a)(1)(B) of the “template section” above</td>
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| 3. (HCPE) Sec.17b-342-1(c)(1)(D) | The purposes of the Connecticut Home Care Program are to: Provide a full range of community based services, home care services and assisted living services to eligible individuals who choose to remain in the community.  
Sec. 17b-342-2(b) Adult day health services are provided through a community-based program designed to meet the needs of cognitively and physically impaired adults through a structured, comprehensive program that provides a variety of health, social and related support services including, but not limited to, socialization, supervision and monitoring, personal care and nutrition in a protective setting during any part of a day.  
Sec.17b-343-2(o)(1) Transportation services provide access to medical services, social services, community services and appropriate social or recreational facilities that are essential to help some individuals avoid institutionalization by enabling these individuals to retain their role as community members. | (a)(1)(B) of the “template section” above |
<p>| 4. (RCH) Requirement not addressed. | | (a)(1)(B) of the “template section” above |</p>
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<td>Definition: Adult Day Services are community-based group programs designed to meet the needs of functionally impaired adults through a structured, comprehensive program that facilitates community integration and provides a variety of health, social and related support services, including appropriate therapy, rehabilitation and supervision services, in a protective setting during any part of a day.</td>
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<td><strong>Control personal resources; and</strong></td>
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<td>1. (ABI) Sec. 17b-260a-5(b)(4)(A)(x) Covered services: Community Living Support Services include, but are not limited to, supervision and assistance with the following skills: (x) money management.</td>
<td>(a)(1)(C) of the “template section” above added to the ABI and HCPE regulations</td>
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<td>2. (PCA) Requirement not addressed.</td>
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<td>3. (HCPE) Requirement not addressed.</td>
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<td><strong>Receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.</strong></td>
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<td>1. (ABI) Requirement not addressed.</td>
<td>(a)(1)(D) of the “template section” above</td>
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**Federal Requirement** | **State Regulation/Standard** | **Regulation/Standard Additions**
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(ii) The setting is selected by the individual: From setting options including non-disability specific settings and an option for a private unit in a residential setting; and 1. (ABI) Requirement not addressed. | (a)(2)(A) of the “template section” above | (a)(2)(A) of the “template section” above
2. (PCA) Requirement not addressed. | (a)(2)(A) of the “template section” above | (a)(2)(A) of the “template section” above
3. (HCPE) Requirement not addressed. | (a)(2)(A) of the “template section” above | (a)(2)(A) of the “template section” above
4. (RCH) Requirement not addressed. | (a)(2)(A) of the “template section” above | (a)(2)(A) of the “template section” above
5. (ADC) Requirement not addressed. | (a)(2)(A) of the “template section” above | (a)(2)(A) of the “template section” above

Identified and documented in the person-centered service plan and are based on the individual’s needs, preferences, and, for residential settings, resources available for room and board.

1. (ABI) Sec. 17b-260a-3(32)  
   “Service plan” means an individualized written plan developed through person-centered planning that documents the medical and home and community-based services that are necessary to enable the individual to live in the community instead of an institution. The service plan includes measurable goals, objectives and documentation of total service costs. | (a)(2)(B) of the “template section” above | Add that the service plan must “record the alternative home and community-based settings that were considered by the individual”
2. (PCA) Requirement not addressed. | (a)(2)(B) of the “template section” above |
3. (HCPE) Sec. 17b-342-1(b)(26)  
   “Plan of care” means a written individualized plan of home care services which specifies the type and frequency of all services and funding sources required to maintain the individual in the community, the names of the service providers and the cost of services, regardless of whether or not there is an actual charge for the service. The plan of care shall include any in-kind services and any services paid for by the client or the client's representative; | (a)(2)(B) of the “template section” above | Add the that the plan of care must “record the alternative home and community-based settings that were considered by the individual”
4. (RCH) Requirement not addressed. | (a)(2)(B) of the “template section” above | Note that service plan requirements are addressed in HCPE above

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<td>(iii) Ensures an individual’s rights of: Privacy;</td>
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<td>1. (ABI) Sec. 17b-260a-11(b)(3)(B) Provider agencies shall have policies and procedures in place regarding employee standards of conduct. These policies and procedures shall include the following topics: (B) respect of the participant’s rights, including privacy and self-determination.</td>
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<td>2. (PCA) Requirement not addressed.</td>
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<td>3. (HCPE) Sec. 17b-342-2(f)(2)(D) Adult family living shall be provided in a living arrangement which conforms to applicable local and state building, health and safety codes and ordinances and meets the individual's needs for privacy.</td>
<td>(a)(3) of the “template section” above</td>
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<td>4. (RCH) Sec. 19-13-D6(b) C. Resident Baths Each bathtub or shower enclosure in a central bathing area shall provide space for the private use of the bathing fixture and for dressing.</td>
<td>(a)(3) of the “template section” above</td>
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<td>5. (ADC) Requirement not addressed.</td>
<td>(a)(3) of the “template section” above added to the ABI and HCPE regulations Add language to (VI)(B)(2)(e) regarding enrollment packet to include: …signed Bill of Rights including rights to privacy, dignity, respect, and to be addressed in a manner they prefer ....</td>
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<td><strong>Dignity and respect; and</strong></td>
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<td>2. (PCA) Requirement not addressed.</td>
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<td>3. (HCPE) Sec. 17b-342-1(h)(4)(A) An access agency shall establish a written client bill of rights and responsibilities to be provided to the client or the client's representative at the time of admission to the program. At a minimum, the bill of rights shall state that the clients have the following rights: To be treated as an adult with respect and dignity. Per Sec. 17b-342-1(i)(5), ALSAs must comply with requirement above for access agencies.</td>
<td>(a)(3) of the “template section” above</td>
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<td>4. (RCH) Requirement not addressed.</td>
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<td><strong>Freedom from coercion and restraint.</strong></td>
<td>1. (ABI) Sec. 17b-260a-11(b)(3)(C) Provider agencies shall have policies and procedures in place regarding employee standards of conduct. These policies and procedures shall include the following topics: (C) Neglect, abuse, and harassment of participants.</td>
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<td>2. (PCA) Requirement not addressed.</td>
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<td>4. (RCH) Requirement not addressed.</td>
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<td>5. (ADC) III Protections of Participants</td>
<td>(a)(3) of the “template section” above added to the ABI and HCPE regulations</td>
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<td>A. Each center shall have a written policy stating that the adult day care center shall take reasonable precautions to protect participants against abuse.</td>
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<td>C. Steps shall be taken to ensure that all participants are free from chemical and physical restraint unless under a physician’s order.</td>
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<td></td>
<td>(iv) Optimizes, but does not regiment individual initiative, autonomy, and independence in making life choices, including but not limited to:</td>
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<tr>
<td><strong>Daily activities;</strong></td>
<td>1. (ABI) Requirement not addressed.</td>
<td>(a)(4) of the “template section” above</td>
</tr>
<tr>
<td></td>
<td>2. (PCA) Sec. 17b-262-593(a)(1) Services covered are: (1) personal care assistance services provided in accordance with a personal care services plan which enable the consumer to carry out activities of daily living and instrumental activities of daily living in a community living arrangement.</td>
<td>(a)(4) of the “template section” above</td>
</tr>
</tbody>
</table>

Revised December 18, 2015
<table>
<thead>
<tr>
<th>Federal Requirement</th>
<th>State Regulation/Standard</th>
<th>Regulation/Standard Additions</th>
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<tbody>
<tr>
<td>3. (HCPE) Sec. 17b-342-1(h)(4)(I)</td>
<td>An access agency shall establish a written client bill of rights and responsibilities to be provided to the client or the client's representative at the time of admission to the program. At a minimum, the bill of rights shall state that the clients have the following rights: to achieve maximum self-direction and choice in lifestyle as long as this does not create an unacceptable risk. Per Sec. 17b-342-1(i)(5), ALSAs must comply with requirement above for access agencies.</td>
<td>(a)(4) of the “template section” above</td>
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<tr>
<td>4. (RCH) Requirement not addressed.</td>
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<td>5. (ADC) Requirement not addressed.</td>
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</table>

**Physical environment; and**

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<tr>
<td>1. (ABI) Sec. 17b-260a-5(b)(6)</td>
<td>Covered services: (6) Environmental Accessibility Adaptation Services are physical changes made to the individual's home that are of direct medical or remedial benefit to the individual; that seek to ensure the health, welfare and safety of the individual; or to enhance and promote greater independence, without which the individual would require institutionalization.</td>
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Revised December 18, 2015
### Federal Requirement

<table>
<thead>
<tr>
<th>With whom to interact.</th>
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<td>the program. At a minimum, the bill of rights shall state that the clients have the following rights: to achieve maximum self-direction and choice in lifestyle as long as this does not create an unacceptable risk. Per Sec. 17b-342-1(i)(5), ALSAs must comply with requirement above for access agencies.</td>
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<td>5. (ADC) Requirement not addressed.</td>
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<td><strong>(v) Facilitates individual choice regarding:</strong></td>
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<tr>
<td><strong>Services and supports; and</strong></td>
<td>1. (ABI) Sec. 17b-260a-5(b)(6) Covered services: (6) Environmental Accessibility Adaptation Services are physical changes made to the individual's home that are of direct medical or remedial benefit to the individual; that seek to ensure the health, welfare and safety of the individual; or to enhance and promote greater independence, without which the individual would require institutionalization.</td>
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<td>3. (HCPE) Sec. 17b-342-1(h)(4) An access agency shall establish a written client bill of rights and responsibilities to be provided to the client or the client's representative at the time of admission to the program. At a minimum, the bill of rights shall state that the clients have the following rights: (B) to be fully informed about all services, charges and choices available through the access agency; (C) to and in and have control over the plan of care to the greatest extent possible; (G) to choose among all qualified and available service providers. Per Sec. 17b-342-1(i)(5), ALSAs must comply with requirement above for access agencies.</td>
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<tr>
<td><strong>Who provides the services and supports.</strong></td>
<td>1. (ABI) Sec.17b-260a-9(d)(1) The individual is the employer of household employees and private providers who are not employed by an agency. As the employer of these providers, the individual shall have free choice of all qualified providers of each service included in the individuals service plan and shall be responsible for: (1) Selection of providers.</td>
<td>(a)(4) of the “template section” above</td>
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<td></td>
<td>2. (PCA) Requirement not addressed.</td>
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</table>
### Federal Requirement | State Regulation/Standard | Regulation/Standard Additions
---|---|---
**(vi) In a provider-owned or controlled residential setting, the following additional conditions must be met:**

**A.**

*The unit or dwelling is a specific physical place that can be owned, rented, or occupied under a legally enforceable agreement by the individual receiving services;*

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<tbody>
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<td>5.</td>
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</table>

*The individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city, or other designated entity.*

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<td>5.</td>
<td>(ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
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*For settings in which landlord tenant laws do not apply, a residency agreement or other form of written agreement will be in place for each HCBS participant, and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction’s landlord tenant law.*

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<td>5.</td>
<td>(ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
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</table>
### Federal Requirement

#### B. Each individual has privacy in their sleeping or living unit:

- **Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors:**
  1. (ABI) Requirement not addressed. (b)(2) of the “template section” above
  2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
  3. (HCPE) Requirement not addressed. (b)(2) of the “template section” above
  4. (RCH) Requirement not addressed. (b)(2) of the “template section” above
  5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting. NA

- **Individuals sharing units have a choice of roommates in that setting; and**
  1. (ABI) Requirement not addressed. (b)(2) of the “template section” above
  2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
  3. (HCPE) Requirement not addressed. (b)(2) of the “template section” above
  4. (RCH) Requirement not addressed. (b)(2) of the “template section” above
  5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting. NA

- **Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.**
  1. (ABI) Requirement not addressed. (b)(2) of the “template section” above
  2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
  3. (HCPE) Requirement not addressed. (b)(2) of the “template section” above
  4. (RCH) Requirement not addressed. (b)(2) of the “template section” above
  5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
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<th>Regulation/Standard Additions</th>
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<tbody>
<tr>
<td><strong>C. Individuals have the freedom and support:</strong></td>
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<tr>
<td><strong>To control their own schedules and activities; and</strong></td>
<td></td>
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<tr>
<td>1. (ABI) Sec. 17b-260a-5(b)(2)(B) Covered services: (B) promotion of participation in activities that may increase the individual’s independence, inclusion in the community and life satisfaction.</td>
<td>(b)(3) of the “template section” above</td>
<td></td>
</tr>
<tr>
<td>2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
<td>NA</td>
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<td>3. (HCPE) Requirement not addressed.</td>
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<td>4. (RCH) Requirement not addressed.</td>
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<td>5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
<td>NA</td>
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<tr>
<td><strong>Have access to food at any time.</strong></td>
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<tr>
<td>1. (ABI) Requirement not addressed.</td>
<td>(b)(3) of the “template section” above</td>
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<td>2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
<td>NA</td>
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<tr>
<td>3. (HCPE) Sec. 17b-342-2(f)(5) (A) Meals in the adult family living setting shall: (i) Be nutritionally balanced and at least three (3) times daily; (ii) include snacks and fluids as appropriate to meet the participant's needs; and (iii) be adapted to modified diets if prescribed by a physician.</td>
<td>(b)(3) of the “template section” above</td>
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<tr>
<td>4. (RCH) Sec.19-13-D6(f) (1) Adequate space, equipment and qualified personnel shall be provided to ensure proper selection, storage, preparation and serving of regular and special diets to residents at regularly scheduled hours.</td>
<td>(b)(3) of the “template section” above</td>
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<td>(2) Menus shall be prepared, posted and filed and shall meet state department of health requirements for basic nutritional needs. (3) The time scheduling of regular meals and snacks shall be approved by the state department of health.</td>
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<tr>
<td><strong>5.</strong> (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
<td>NA</td>
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**D.**

**Individuals are able to have visitors of their choosing at any time.**

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<tr>
<th>1. (ABI) Requirement not addressed.</th>
<th>(b)(4) of the “template section” above</th>
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<td>2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
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<td>3. (HCPE) Requirement not addressed.</td>
<td>(b)(4) of the “template section” above</td>
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<tr>
<td>4. (RCH) Sec.19-13-D6(h)(2) Provisions for visiting hours shall be as liberal as may be consistent with good resident care. Personnel shall treat both residents and their visitors with courtesy and consideration at all times.</td>
<td>(b)(4) of the “template section” above</td>
</tr>
<tr>
<td>5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
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<tr>
<td><strong>E.</strong></td>
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<tr>
<td><strong>The setting is physically accessible to the individual.</strong></td>
<td>1. (ABI) Sec. 17b-260a-5(b)(6) Covered services: (6) Environmental Accessibility Adaptation Services are physical changes made to the individual’s home that are of direct medical or remedial benefit to the individual; that seek to ensure the health, welfare and safety of the individual; or to enhance and promote greater independence, without which the individual would require institutionalization.</td>
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<td></td>
<td>4. (RCH) Sec. 19-13-D6(b) B. Resident rooms (6) All resident rooms shall open to a common corridor (sheltered path of egress) which leads directly to the outside. Sec. 19-13-D6(i)(1) Egress passages from each resident floor of the institution shall be such that all occupants of the floor can safely travel to a place of safety outside the building.</td>
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<td></td>
<td>5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting.</td>
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Federal Requirement | State Regulation/Standard | Regulation/Standard Additions
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F. Any modification of additional conditions under subsection A through D must be supported by a specific assessed need and justified in the person-centered service plan. The following requirements must be documented in the person-centered service plan:

1. (ABI) Requirement not addressed. (c) of the “template section” above
2. (PCA) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
3. (HCPE) Requirement not addressed. (c) of the “template section” above
4. (RCH) Requirement not addressed. (c) of the “template section” above
5. (ADC) Requirement not addressed. Not a provider-owned or controlled residential setting. NA
§ 441.301 Contents of request for a waiver.

(5) Settings that are not Home and Community-Based. Home and community-based settings do not include the following:

<table>
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<th>Federal Requirement</th>
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<td>(i) A nursing facility; (ii) An institution for mental diseases; (iii) An intermediate care facility for individuals with intellectual disabilities; (iv) A hospital; or (v) Any other locations that have qualities of an institutional setting, as determined by the Secretary. Any setting that is located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment, or in a building on the grounds of, or immediately adjacent to, a public institution, or any other setting that has the effect of isolating individuals receiving Medicaid HCBS from the broader community of individuals not receiving Medicaid HCBS will be presumed to be a setting that has the qualities of an institution unless the Secretary determines through heightened scrutiny, based on information presented by the State or other parties, that the setting does not have the qualities of an institution and that the setting does have the qualities of home and community-based settings.</td>
<td>1. (ABI) Requirement not addressed.</td>
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