Inclusive Service Delivery
The New CMS Definition of Home & Community Based Services

March 18, 2016
Home and community-based services (HCBS) waiver is an alternative to receiving services in an institution.

The rule applies to residential and non-residential settings where HCBS are provided.

Describes person-centered planning requirements.

Identifies characteristics required for settings where HCBS is provided.

Outlines timelines for states to submit transition plans.
Ohio’s Transition Plan

- Developed with wide variety of stakeholders
- Submitted to CMS for review
- Plan is available on the DODD Website – DODD.ohio.gov
- Self-Survey
What’s the plan?

Self-Survey Results
• Setting is already there – 68%
• Setting can get there with Modifications – 28%
• Setting has institutional qualities – 3%
• Can’t Get There – 1%
What’s the plan?

DODD Priorities

- On-Site Visits
- Partnership with individuals, families, providers, and CBs
- Sharing good service delivery models
- Supporting providers through Heightened Scrutiny
- Supporting individuals in provider selection
Self-Survey Results
- Surveys included both residential and day service sites
- DODD to conduct on-site visits of all sites

We believe that providers are already doing GREAT things!

- Opportunity to see and hear about exciting service delivery models that already exist
- Opportunity to share resources
- Identify areas of improvement
- Facilitate change

Citations will not be issued
What does it mean to me?

Evaluation Tool

Ways to Share What you are Doing with DODD

- Policies that support your service delivery model
- Interviews with individuals, direct care professionals and families/guardians
- On-Site Observations
- Documentation of services

Remediation Plan

- Opportunity to make changes to existing service delivery model
- Opportunity to get feedback from the Department
- Identify areas of improvement
- Facilitate change

Citations will not be issued
What it Doesn’t Look Like

- Nursing facilities
- Institutions for mental disease
- ICF/IIDs
- Hospitals
What it Doesn’t Look Like

- Signs
- Gates
- Locked Entrances
- Segregated
- Visiting Hours
What it Does Look Like

- Individual Specific
- Opportunity for varied interactions
- Residential – vs- Vocational
Additional Residential Requirements

- Provider Owned
- Provider Controlled
- Lease/Agreement
Keys to Implementing the New Rule...

• Settings are integrated

• Settings are selected by the individual

• Settings optimize independence in life choices

• Settings facilitate choices in services and who provide services

• Services are selected and provided based on the wants, needs, and desires of the individual
Person-Centered Planning

The key to successful implementation of the new requirements is a system of planning that is responsive to the wants, needs, and desires of the individual.

✓ Understanding the Person
✓ Know who, what, where, and how
✓ Process is individual driven
✓ Address assurance of health and safety
Community Access

Being integrated into your community relies heavily on having access to the community.

- Accessible Transportation
- Public Transportation
- Provider Supported Transportation
- Family/Friends
- Personal Transportation
Community Access

Integration – What is it?

• Participation in activities with friends/families
• Selecting from activities available to the general public
• Volunteering
• Individual activities
• Natural Supports
• No Curfew
Personal Rights

The setting ensures the rights of the individuals served

- Confidentiality
- Accessibility
- Privacy
- Respect
Examples:

Is it Integrated?

A setting with a sign that announces the name of the facility, but does not identify that individuals with developmental disabilities reside there?

A setting that calls out that the residence is a home for individuals with disabilities?

The home has a gate that is locked surrounding it?
Examples:

Is it Integrated?

You sign in using a visitor’s log when you arrive to visit someone residing at this residence?

The kitchen door is locked and the individual cannot enter without a staff person.

An individual has accrued 40 hours of vacation from their job and decides to take a paid vacation to Florida with family.
Examples:
Is it Integrated?

A list of daily activities is posted on the bulletin board and individuals can decide if they want to participate or stay at home.

Individuals have the opportunity to chose if they want to go to a Catholic mass on Sunday, or whether they want to attend a Baptist church (or others); they aren’t required to go to the same place.
Is it Integrated?

Visiting hours with individuals and their family/friends is scheduled at 2:00pm on Saturdays.

Even though the individual has his/her own cell phone, there is a curfew of 11:00pm.

An individual works at the local greenhouse and attends the employee Christmas party each year.

The team includes a direct support professional selected by the individual and the pastor of the individual’s church.
Examples:

Is it Integrated?

A calendar of OT appointments for the individual is kept on the refrigerator.

All meals are eaten together with all members of the home.

The individual decides he/she wants to go shopping and is able to do so even though a number of other individuals are going bowling.
Examples:

Is it Integrated?

A number of community activities are listed on the bulletin board, including Zumba classes at the Y, bingo, and art classes at the local recreation center.

The individuals operate a store-front business on Main St. where they sell hand-crafted items.

An individual attends a local program for individuals with developmental disabilities who have retired.
Ask a question by typing it in the chat box on your screen.